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Friday, March 29, 1991

Service Pins



Oyster Bay Town Supervisor Angelo A. Delligatti, fifth from left, Town Councilman Thomas L. Clark, fourth from right, Robert Andruzzi, Deputy Commissioner of the Dept. of Public Works for Highways, left, and Anthony Maurino, Deputy Commissioner of the Dept. of Public Works for Environmental Control, second to left, present service pins to employees of the Dept. of Public Works in recognition of their years of faithful service to the Town of Oyster Bay. Receiving pins left to right are: North Massapequa resident Rose Gatterdam of DPW Staff, 20 years; North Massapequa resident Charles Winterfeldt of Solid Waste Disposal, 20 years; Massapequa resident Eugene Floyd of Public Parking, 30 years; Plainville resident Stanley Kwiat of Solid Waste Disposal, 20 years; Farmingdale resident Frank Zollo, Jr. of Highway repairs, 30 years; Bethpage resident Casper Cudia of Highway Repairs, 20 years; Bethpage resident Anthony Demos of Highway Repairs, 20 years; Massapequa resident John Bellasai of Sign Bureau, 20 years; and Farmingdale resident Boyd Hanby of Sign Bureau, 25 years.

Public Invited In Supt. Search

Hicksville residents are invited to attend a public meeting on Tuesday, April 16, at 8 p.m. in the High School cafeteria in order to meet the consultants retained by the Board of Education to assist in the search for a new Superintendent to succeed Dr. Catherine J. Fenton.

The consultants are seeking the opinions and feelings of residents concerning the profile of qualifications and skills desired in the individual who will become the district's chief school officer. They also want to know the most important problems that the new Superintendent will have to face. This input, along with the results of similar meetings held with the Board of Education, various staff member representatives, parent group representatives, and student leaders, will assist the consultants in selecting an appropriate group of finalists to present to the Board of Education. The consultants' report of the opinions expressed at these meetings and the slate of finalists will provide the Board of Education with the maximum opportunity to select the person who can best serve the Hicksville Public Schools.

The Board of Education had announced the appointment of Chiefs Associates, an educational consulting firm, at the special public meeting held on March 20.

Board of Education President Carole R. Wolf indicated that the Board interviewed several consulting firms and after due consideration determined that the proposal from Chiefs Associates best suited the needs of the Board and the District. Chief Associates Louis Ferrara, Constantine Ricci and Herbert J. Pluschau, have over thirty years of successful experience in teaching and school administration. Two members of the group are former Nassau County Superintendents and the third is a retired Secondary Principal.

Senior Citizens Rights

Tuesday, April 9, at 1:30 p.m., the Hicksville Public Library will present a program for Senior Citizens, "Know Your Rights." If you are retired or thinking about retiring in the near future, if you have questions about social security, medicare, or retirement, this program is for you. Representatives from the Adelphi University Senior Connection Program will be at the library to answer your questions. Everyone is welcome to attend.

Honor Society Induction

The Hicksville Middle School National Junior Honor Society held its Annual Induction Ceremony on March 19, initiating forty-three new students who have not only achieved academic excellence, but who also have provided service and leadership to their school and community.

Congratulations to the newest National Junior Honor Society members:

Susan Accardo, Jason Benowitz, Chirag Botadia, Kristen Burns, Joshua Callaghan, Rocio Calle, Kristine D'Amato, Kenneth D'Introno, Laura Fitzsimmons, Kerri Friedrich, Gijo George, Ali Ghozali, Ann Marie Huysman, Michele Huysman, Paul Jan, Jason Johnson, Colleen Johnston, Mundeep Kainth, Susan Kozlowski, Anne Lau, Todd Master, Maryann Mirabelli, Sharon Nasser, Paul Oliva, Pamela Pangas, Jason Pedone, Christina Pero, Michelle Regan, Jennifer Robeson, Carlos Rodriguez, Amy Rose, Alexander Rudis, Gregory Sherman, Aimee Sherry, Michael Silvestro, Jasmin Thomas, Tania Trikha, Jeffrey Tsai, Steven Tsounis, Rachel Weintraub, Keith Wilcha, Karen Yost, and Laurie Zeller.

The program was beautifully accompanied by musical selections performed by the Middle School Orchestra. Refreshments were served afterwards.

Self Employment Information

The Bethpage Public Library is presenting "Self-Employment: Is It For You?" on Thursday, April 4, at 7:30 p.m.

Find out what being self-employed really means in terms of time, financial and emotional commitment. Understand the advantages and the disadvantages of being one's own boss. Learn all this before you become self-employed.

Guest speaker, Constance Hallinan Logan, lectures nationally and her byline appears regularly in "Income Opportunities". Reading lists will be provided at the program.

Admission is free, and all are welcome. The library is located at 47 Powell Avenue, Tel. 931-3907, two blocks west of Exit #8 on the Seaford-Oyster Bay Expressway, Route #135.

Zero Increase Proposed For School Budget

Special to the Mid-Island Times
By Maureen Traxler

Despite revenue shortfalls and increases from salaries to insurance to utilities, Schools Superintendent Catherine Fenton boldly proposed to the Hicksville Board of Education a zero-increase budget for 1991-92, based on the present austerity budget of \$49.8 million. The Superintendent further proposed, at a special meeting on March 20, that two separate propositions be placed on the ballot, one for the approval of in-district transportation, grades K through 12, and the second for the approval of senior citizen transportation for field trips.

The Superintendent, who will retire this summer, said she offered the no-growth budget "in an effort to bring community and schools together so that you support each other." The Board traditionally adopts a budget figure for the coming year at its March general meeting, although adjustments may be made up until the ballot is printed for the May election. The general meeting took place this Wednesday and will be reported in detail next week.

President Carole Wolf reported that the Board contracted the services of Chiefs Associates in the search for a new Superintendent. She characterized the professionals at Chiefs as "supportive" and "very ambitious," and said that they will conduct background checks and preliminary interviews. Chiefs is expected to present six to eight candidates as semi-finalists, and the Board will interview candidates during the week after Election Day, at which time the Board will number six trustees. (The Board is expected to swear in the successful candidate for Mrs. Miltenberg's seat to fill the remainder of her term.) Small groups will visit the districts in which the candidates are working, further to narrow the field by June.

The Board has scheduled a meeting for Tuesday, April 16, at 8 p.m., in the high school cafeteria, at which time the public may meet with the consultants and offer input as to what factors they wish to be considered in the selection of a Hicksville Schools Superintendent. Meetings will also be set up with PTA and union representatives.

In making her presentation to the Board, Dr. Fenton outlined areas for reduction. She proposed that 35 staff positions be cut in 1991-92 as follows: 2 administrators positions - Assistant Director of Instruction and one elementary principal; 19 teaching positions - one from the Elementary Academic Enrichment, 2 from the reading program, 7 Student Nurse-Teachers (SNTs) to be replaced with Registered Nurses, one special education position, one resource room position, one psychologist, 6½ elementary teaching positions, one from the ESL (English As A Second Language) program; four secretaries; 3 teachers aides; 2½ custodial positions, one library media aide; and two receptionists.

Her presentation also included a request that \$181,000 of the \$508,000 State Teachers Retirement System loan be deferred to 1992-93; that the East Street School asbestos be removed; that \$110,000 of adult education field trips go into trust and agency accounts; that all secondary sports remain in the budget (Dr. Fenton determined these programs as "an integral part of education."); and that occupational and vocational programs at the high school be continued.

On behalf of the Hicksville Gregory Museum, Richard Evers requested that the Board place the museum's service contract with the district on the May ballot as a separate proposition. Mr. Evers stated that the museum offers a reduction in the amount of the contract from the \$40,000 budgeted in 1989-90 to \$30,000.

"The Gregory Museum has been in the forefront of maintaining Hicksville's historical sites and documents; it enhances our lives and the values of our homes," said Mr. Evers.

Enda Cruise of the Hicksville/Levittown Senior Citizens Club spoke on the importance of subsidizing senior citizen bus expenses. She said the seniors request a bus subsidy of only \$7,500.

In continuing line-by-line examination of the budget proposals, the following areas were covered on March 20, by the Board and the Citizens Budget Advisory Committee:

Code 1621 (Maintenance of Plant): \$1,300 reduction in personnel services, (salaries); \$14,500 reduction in supplies and materials, bringing that area back to the 1989-90 level.

Code 1622 (Custodial Services): \$185,000 reduction in personnel services, primarily due to the closing of Willet Avenue School; \$5,000

Continued On Page 12

Student Of The Month



Assistant Principal Les Mason congratulates Thomas Spena.

Hicksville High School student Thomas Spina has been chosen by the school and the Hicksville Elks Lodge as Student-of-the-Month for March.

Presently a senior in the top 20% of his class, Thomas is a member of the National Honor Society, the National Art Honor Society, and the Thespian Honor Society. Thomas plans to pursue his studies at the New York Institute of Technology where he has been awarded an Honors and Challenge Scholarship.

Thomas has an extensive background in the area of Fine Arts. He is presently completing an Independent Study in the Art of Special Effects and Graphics at the high school. He was a two-time winner for the Long Island Region of Juried Competition of NYS Association for Computers and Technologies in Education - Art Award for Computer Animation (first place in 1990; second place in 1991).

Additionally, he appeared in the student productions of This Is A Test, and was an understudy and stage hand for the female

version of The Odd Couple. He is currently involved in all aspects of filmmaking, including screenplay, editing, pre & postproduction, special effects, set building, model construction, etc. He has created animated film features, including both clay and cell animation. He developed a Haunted House for the St. Ignatius Church - from ideal stage to actual creation/building of the layout, rooms, monsters, special effects, and conducting of tours through the exhibit. He has also created puppets (muppet-type characters), foam latex masks, and various costumes for several "Star Wars" and "Ghostbusters" type characters, as well as development and actual application of several "monster-type" face appliances and make-up.

Finally, Thomas has been playing both the guitar and keyboard for the last five years. He had developed and constructed several electric guitars, and has created both the lyrics and the tunes of several songs for his own band.

Name That Goalie



Name that Goalie! Hockey is alive and well and thriving in Hicksville. These young men play hockey each day on the Rim. All are Hicksville High School students. The boys names are: Paul Mayer, George Garcznski, Keith Klein, James Tomaello, Artie LaBus, Steve DiGirolamo, James Weber, Patrick Powers, Sean Kanawanda, David Moehringer.

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Fine Arts Dept.

'Jazz Ages'

The Hicksville Fine Arts Department will present "Jazz Through The Ages." This program of solid jazz features the District Elementary Schools Jazz Ensemble, the Middle School Jazz Ensemble, the High School Jazz Ensemble, and the Adult Community Jazz Ensemble.

The concert is free, and will be held on Tuesday, April 16, at 8 p.m. in the Hicksville High School Auditorium. It's a chance to see how jazz education and performance progresses through the ages from childhood into adulthood.

Burns, Dutch

Lane Raise Funds

Students from Burns Avenue and Dutch Lane Schools, Hicksville, will participate in Jump Rope for Heart on Friday, April 12. The 3-hour event is sponsored by the American Alliance for Health, Physical Education, Recreation and Dance and organized by local Jump Rope For Heart coordinators, Mr. Linda Sheil and Ms. Phillis Rubin to benefit the American Heart Association.

Students will ask family, friends and neighbors to sponsor them for every minute their team jumps in the event. The money will fund AHA's heart and blood vessel research, public education and community programs. Most of all, the students will actively be involved in learning about their hearts and heart-healthy lifestyles.

Heart attack and stroke are America's leading cause of death. Jump Rope for Heart not only supports the American Heart Association, it also teaches students the benefits of regular exercise to help keep their hearts healthy. You can never learn too soon about the kinds of things you can do to reduce your risk of heart disease. Since it began in 1979, Jump Rope for Heart has involved almost 10 million teachers and students nationwide.

Board Certified



Dr. Eric S. Siegel

Dr. Eric S. Siegel has been made a diplomate of the American Academy of Pain Management and also has become a Board Certified Chiropractic Sports Medicine physician. Dr. Siegel is now entering a residency in Orthopedics. He is the son of Janet and Herb Seigel of Hicksville.

BFD Installation Dinner



Oyster Bay Town Supervisor Angelo Delligatti, right, and Town Councilman Leonard Kunz, left, join with Bethpage Fire Department Chief Brian Durr, his daughter Melissa, and his wife, Veronica, at the department's annual Installation Dinner.

Family Day Math Conference



On Saturday, March 2, Nassau County Mathematics Teachers Association and Nassau County Association of Mathematics Supervisors co-sponsored a Family Math Day Conference at the Shelter Rock Elementary School, Manhasset. This event received support from the Oceanside, East Rockaway and Manhasset School Districts. Over 1,000 people from all parts of Long Island attended this interesting conference.

Hicksville resident Alyson Flash and her grandmother Emily Slnadecky attended this exciting conference. From the comments heard throughout the school on March 2, we know that this will become an eagerly awaited event on Long Island.

Student Awarded Math Scholarship

Congratulations to Hicksville High School student Vivian Santiago, a recipient of a \$1000 Long Island Mathematical Conference Board Scholarship which was presented to her at an Award

Ceremony on March 15, at SUNY/Old Westbury. Vivian was asked to invite her favorite mathematics teacher to the ceremony and she chose Dr. Gary Schwartz.



Pictured left to right: Mathematics Chairperson Chester Slinger, Dr. Schwartz, Guidance Counselor Patricia Danberg, Vivian Santiago, and High School Principal Richard Hogan.

Fire Safety House At Fork Lane

The Hicksville Fire Department's mobile Fire Safety House was stationed at the Fork Lane School on Tuesday, March 19. Deputy Instructor Donald Hayde spoke to the students regarding fire safety. With the aid of Assistant Chief of Instruction John Wolff and Instructor Andy

Richter, the students each had an opportunity to exit through an upstairs window of the safety house while a fire was being simulated.

The Fire Safety House was custom built by students of Nassau Tech, a Division of B.O.C.E.S.



Pictured listening to Mr. Hayde's fire safety lessons are Lori Halpern's 6th grade students Ross Finocchio, Cara Miller, Robin Beck and Bincoy Alexander.



Cara Miller exits the fire safety house with assistance from John Wolff.

Family Math Day

Over seventy-five Hicksville elementary school students and their parents attended the Family Math Day Conference at the Shelter Rock Elementary School, on Saturday, March 2.

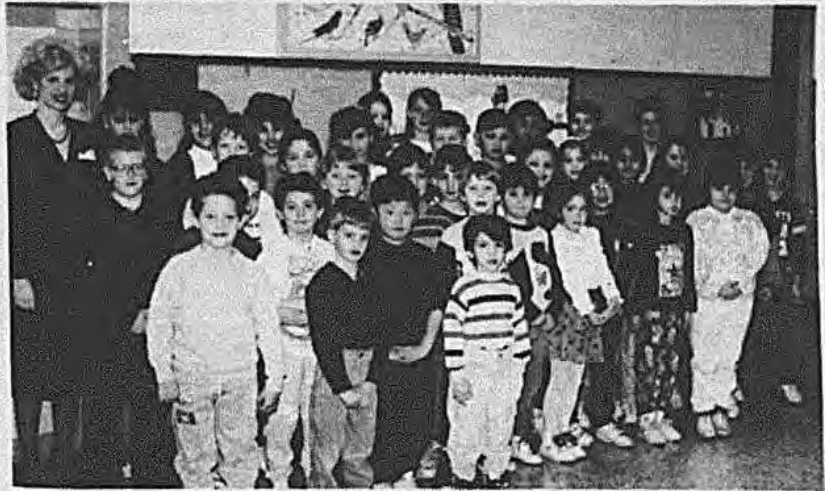
Hicksville High School Math Teacher Michael Buttgerit was one of 53 leading math educators from Long Island and the Metropolitan area to present a workshop at the conference. Additionally, High School Assistant Principal Les Mann served as a Chairperson and High School Teacher Tina Rosenberg and retired Teacher Shirley Karish served on the Committee.

The Conference was co-sponsored by the Nassau County

Mathematics Teachers Association and the Nassau County Association of Mathematics Supervisors. Over 1,000 people from all across Long Island attended the conference.

Parents and children had a rare opportunity to investigate and discover a wide variety of new and exciting mathematical topics. The goals of the workshops were to promote parent and child interest in math education, encourage greater interaction between children and their parents in mathematics, provide materials for home involvement in math activities, and present the "delights of discovery" inherent in math.

OCR Feb. Stars Of Month



The Old Country Road School had initiated a Stars-of-the-Month program as an incentive for children to excel in all areas of education. These superstars are not necessarily students who excel academically, but who set good examples for the school.

Each month teachers nominate the students they believe deserve this recognition. The children's names and their photographs are then displayed on a bulletin board in the lobby along with their own star.

The Stars-of-the-Month for February, pictured here with OCR Principal Mrs. Silver are: Gregory Giaccopino, Justin Breitfeller, Erik Pesce, Dana Coppola, Michael Webber, Jamie Callari, Ellen Lie, Jessica Haggerty, Michael Chester, Derek Paulsen, Jennifer Galley, Marie Webber, Ryan Thomas, Keith Feldman, Betsy Varghese, Jessica Von Bergen, Maureen Cardenas, Kevin Soper, Jennifer Erclaus, Robert Quaresimo, GERALYN PETTAS, Sean Flynn, Robert Bungert, Kelly Mullee, Al Araneta, Sarah Gettinger, Dawn Millwater, Christina Rodriguez, Kevin Chester, Diana Manke, Chris Isaley, Andrea Storgiopoulos, Saehoon Lee, Eric Vosper, Nicholas Flore, Andrew Hamlin, Nicole Stergopoulos. Absent from picture - Meghan Collier.

Light Wanted Near DMV

Assemblyman Fred Parola (R-C, Wantagh) has again appealed to the regional director of the State Department of Transportation (DOT) to take immediate action to install the approved traffic signal light at the intersection of Broadway and Ludy Street/Rave Street in Hicksville, saying the inordinate delay by DOT officials since the December 1990 approval date endangers lives.

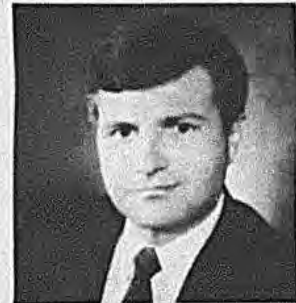
"Despite repeated calls expressing the urgency of this matter over the past year, no traffic light has yet been installed," Parola said. "This I consider to be an absolute outrage."

According to Parola, construction of a traffic signal in the vicinity of the state Dept. of Motor Vehicles (DMV) office in Hicksville was approved by state and local officials in 1990. Since that time, residents and business people in this area have reported accidents occurring at the intersection of Broadway and Ludy/Rave Streets on a weekly basis.

Parola said the most troubling concerns come from parents and teachers in the Hicksville School District, since an austerity budget in this district forces many young children to cross Route 107 at this location to get to school.

"There is no excuse for this excessive delay," Parola said. "Until DOT takes appropriate action, all who traffic in this area, and especially young children, will be in harm's way."

Parola originally appealed to DOT officials in August of 1989, which led to approval for installation of the traffic signal. He said he will continue the pressure until the light is properly installed.



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April Student-Of-The-Month



Lisa Entel congratulated by Asst. Principal Les Mann.

Hicksville High School 12th grade student Lisa Entel has been chosen by the school and the Hicksville Elks Lodge as Student-of-the-Month for April.

Lisa is the Treasurer of the National Honor Society, and is a member of the Mock Trial Team, Science Olympiad Team, Spanish Honor Society, and Volunteer Club. She is a National Merit Commended Student, is listed in the Who's Who Among American High School Students, is a member of the All-County Chorus, and is the recipient of a Social Studies Achievement Award and a Town of Oyster Bay U.S. Constitution Bicentennial Essay Contest Honorable Mention. She is also involved in community and religious activi-

ties. However, Lisa's aspirations are in the theatre. She is President of the Thespian Honor Society and has been involved with nine high school drama productions. She plans on attending a four-year college where she hopes to receive a strong Liberal Arts education with a concentration in Theatre and a minor in History. She also plans on spending her third year in college abroad in England so that she may study classical theatre. Her post-graduate plans include theatrical training at a conservatory.

This theatrically talented young lady is also a member of the Drama Club, the Chorus, the Madrigal Singers and the Tri-M Music Honor Society.

'Voice Of Democracy'



VFW #3211 Voice of Democracy Essay Contest participants Paul Tanck, second place winner and Susanne Klein stand with their sixth grade teacher, Mr. John Malroino of Dutch Lane School.

Gulotta Attends Fire Dept. Instal.



Nassau County Executive Thomas S. Gulotta, (second from right), attended the Annual Installation Dinner of the Bethpage Fire Department, held at the Huntington Hilton. Joining the County Executive were: Oyster Bay Councillman Leonard Kunzig; Francis Debobes, Chairman of the Board of Fire Commissioners; Oyster Bay Supervisor Angelo Delligatti; Don Aglesta, firefighter honored for 50 years of service; James H. Klingelhoefer, firefighter honored for 50 years of service; Brian Durr, Chief.

Teachers Speak, Students Win Awards

Hicksville High School teachers Cynthia Appold and Marily Curry were speakers at the recent New York State Computers and Technology Educators (NYSC&TE) Third Annual Regional Conference held on March 9. Ms. Appold presented "A Primer in Computer Animation" and Ms. Curry presented "An Introduction to Microsoft Works."

At this same conference, Ms. Appold's computer graphics students entered into a juried art show. Hicksville students won first, second and third places in the "animation" category. Competition included twelve high schools from Long Island. Jon Lee won first place and a \$100 savings bond for his animation "For What It Is Worth." Second place went to Thomas Spina for his animation "No Day At The Beach;" and, third place was awarded to Lary Neuberger for "Mouse Mania."

LEGAL NOTICE NOTICE OF SALE

**SUPREME COURT:
NASSAU COUNTY. CORPORATE FINANCING, INC. Plif. vs. GAIL JUDITH LEE, et ano, Defts.** Index #11815/89. Pursuant to judgment of foreclosure and sale dated April 5, 1990, I will sell at public auction on the north front steps of the Nassau County Courthouse, 262 Old Country Rd., Mineola, N. Y. on April 9, 1991 at 9:30 a.m., prem. k/a 350 S. Oyster Bay Rd., Syosset, N. Y. Said property located on the westerly side of South Oyster Bay Rd., being the southerly end of an arc 585 Stewart Avenue Garden City, N.Y.

SA7964
4X 3/8, 15, 22, 29

Shaarei Zedek Holocaust Service

On Thursday, April 11, Congregation Shaarei Zedek will sponsor its Annual Holocaust Commemoration Program.

The program will begin at 8 p.m. and include a Maariv Service, a talk as child survivor by Rabbi Anchel Perl, Director of the National Committee for Furtherance of Jewish Education, Long Island Branch, and a video "What is a Jew". Theme of program will be "Holocaust - A

reflection of What We and Others Think of Us".

Refreshments will be served following the program and the entire community is invited.

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931-0012

Shooting Stars Receive Award



Belmont Park Track Announcer Frank Dwyer was on hand at the L.I. Junior Soccer League's Ninth Annual Conference to congratulate the Plainview Old Bethpage Shooting Stars, winners of the league's coveted sportsmanship award.

Shown here from left to right are, front row: Melissa Stoltz and Elgie Harris. Back row: Belmont Park Rep. Frank Dwyer, Allison Elgart, Pauline Minakakis, Ellen Gehrman and coach Wayne Harris.

Attended by approximately 7,000 local youngsters, parents and coaches, the two-day conference offered clinics, lectures, demonstrations and the latest in sporting equipment and included the presentation of sportsmanship awards to some 1,000 area youngsters. Belmont Park has been a major sponsor of the L.I. Junior Soccer League for four years.

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Dutch Lane Jump-A-Thon

American Heart Association's Jump Rope for Your Heart was held on March 20, at Dutch Lane Elementary School. Students from grades 3-6 participated in this exciting event.



Coordinator Phyllis Rubin presents Richard Ohnmacht team captain with certificates for his team #6.



Jump-A-Thon Assistants, from left, Peggy Lynn, Rose Walker, Mary Masterson, Howard Schack. Not pictured, Harry Smith, Terry McQuaid, Adrienne Rosenberg, Susan Cecere and Kathleen Arena.



Refreshments were provided by Dutch's PTA parents Phyllis Zollo, Rose Fleischman and her new son Kevin. Not pictured, Jenny Anderson.



Team #5 is jumping up a storm as Kristen Probst takes over the rope from her teammate.



While team member Gary Bretton is jumping, John Doyle, Jones Tsai, Josh Strugatz and Justin Roestenberg root him on.



Students are anxiously awaiting their turns to jump!



Team #7 member, James Alexander finishes his turn jumping.



Kathleen Fuentes loves jumping to the latest songs.

**LEGAL NOTICE
NOTICE IS HEREBY GIVEN** that the Board of Fire Commissioners of the Jericho Fire District, Jericho, New York, invites sealed bids for the purchase of (1) Xerox Model #5034 copier (or equal).

Bids will be accepted at Fire Headquarters on North Broadway, Jericho, New York until 10:00 a.m. on April 12, 1991, at which time and place all bids will be publicly opened and read.

Prospective bidders are hereby notified that bid security in an amount of 5% of the total amount bid and in the form of bid bond or certified check will be required with the submission of each bid.

Specifications and information may be obtained at Fire Headquarters on North Broadway, Jericho, New York, Monday through Friday between the hours of 8:00 a.m. and 3:30 p.m.

Envelopes must be marked "Copier Bid".

The Board reserves the right to reject any and all bids and to accept that bid which is in the best interest of the Fire District.

BOARD OF FIRE COMMISSIONERS

Joseph Agosta, Secretary

JNJ 7972
IX 3/29

**LEGAL NOTICE
NOTICE IS HEREBY GIVEN** to all residents of the Jericho Fire District, Town of Oyster Bay, Nassau County, New York that the Board of Fire Commissioners of the Jericho Fire District at a regular meeting thereof held on March 18, 1991, adopted a Resolution pursuant to Section 6g of the General Municipal Law, subject to a Permissive Referendum, an abstract of the Resolution is as follows:

BE IT RESOLVED THAT the Board of Fire Commissioners of the Jericho Fire District of the Town of Oyster Bay, Nassau County, New York subject to a Permissive Referendum shall be authorized to withdraw a sum not to exceed \$13,000 from the "Miscellaneous Equipment Fund" (also known as Fund C) for the purchase of (1) Xerox Copier and Fax machine.

**BOARD OF FIRE COMMISSIONERS
JERICHO FIRE DISTRICT**

Joseph Agosta, Secretary

JNJ 7970
IX/22

**NOTICE
HAVE YOU A HIDDEN TALENT** that has yet to be discovered in print?

We are looking for articles, not exceeding 3,000 words or less than 1,500 words, on local topics, opinions, ideas, nice places to visit on Long Island, and even fiction. In our magazine section, we will try to "Discover" one new feature length article and writer per week. Each writer will be reimbursed a stipend of \$25.00.

If you want to be published and be part of an issue of Discovery, you may submit your article to: Liltmor Publications, 81 East Barclay Street, Hicksville, N.Y. 11801.

Computer Rocks Fork Lane

A fifty minute program which shocked and amazed all grades at Fork Lane, was presented as part of Fork Lane's PTA Cultural Arts Program.

It consisted of computerized music and voice transformation through electronic technology. Children's voices were altered by pitch and often sounded like robots. Using a Juno computerized synthesizer students helped create a song.



1st graders Allison Flash and Mathew Malinofski enjoying the show.



Third grade teacher Ms. Bergeron and student Bryan Berg assisting in the show.



Ken, who hosted the program is performing the song the students helped to create.

Students Continue Troop Support

The Hicksville High School Key Club sold ribbons and buttons to show support for our troops during the Persian Gulf War. They also set up a mailbox to collect the letters that would be sent to Hicksville residents

serving overseas.

The students made the buttons and ribbons in order to raise money. The money will be used either to plant a tree as a living tribute to those service persons or for a plaque in the high school lobby.



Pictured are: Key Club members Tracy Van Kasten and Linda Thomas, teacher Terry Leahy and Guidance Counselor, Mr. Miller displaying support-for-troops button.

Science Team Enters Competition

For a second consecutive year, Hicksville Middle School's Science Olympiad team has won the right to enter the State Competition. After winning first place last year in the regionals and sixth at the state competition, the team placed third at a well attended and highly contested Nassau County regional contest, held Saturday, March 16, at C. W. Post College.

Coaches Mr. Buck, Mr. Bouton, and Mrs. Litzman were overwhelmed by the win which showed an extraordinary team effort. Congratulations are due to the team members and alternates for their outstanding contributions: Andrew Antake for "Aerodynamics"; Connie Young and Helen Woo for "Don't Bug Me"; Michael Chang and Robert Rombach for "Mousetrap Vehicle"; Beth Ann Barozic, Meredith Bogart and Zenda Thomas for "Picture This"; Andrew Burratato and Meghan Conk for "Road Rally"; Jamie Durkin for "Rocks and Fossils"; Dana Cooper for "Weather Or Not"; Michael Chang and Ross Michaels for "Write It/Do it."

Alternates included Lisa Latzo, Jennifer Murphy, Neha Patel, Marie Rose McCann, Glen Hinckley, Andrew Corley, and Jaime Boyle. The team consisted of ninth, eighth and seventh graders from the High School and Middle School. Student mentorship was provided under the Academic Enrichment Program at the Middle School.

Regional winners throughout New York State will compete at Syracuse University on April 13. The top two teams from this competition go on to the National Science Olympiad in Kansas City, Missouri. Good luck to all at Syracuse!

LEGAL NOTICE TOWN OF OYSTER BAY ZONING BOARD OF APPEALS PUBLIC CALENDAR

NOTICE OF PUBLIC MEETING BY THE ZONING BOARD OF APPEALS

Pursuant to the provisions of Article 1, Division 3, Section 67 of the Building Zone Ordinance, notice is hereby given that Zoning Board of Appeals has scheduled a public meeting, which will take place in the Town Hall (East Building) Meeting Room, Audrey Avenue, Oyster Bay, New York, on April 4, 1991, at 7 p.m., to consider the following appeals:

Appeal No. 91-99, Syosset, Edward Hiltz: Variance to erect a one-story, attached garage, having less than the required side yard and aggregate side yards. W/s/o Leonard Rd., 60 ft. N/o Sheila Dr., a/k/a 27 Leonard Rd., Syosset, N.Y.

Dated: March 25, 1991

BY ORDER OF THE ZONING BOARD OF APPEALS TOWN OF OYSTER BAY OYSTER BAY, NEW YORK

SA 7966
1X3/29

New Priest From Hicksville

A member of the Legionnaires of Christ Order whose priests are in the teaching and youth advisory vocation, Father Richard Gill was ordained with 18 Mexican, Spanish, Irish and American seminarians by Pope John Paul, himself, in St. Peter's Basilica, Rome. Father Gill is the

son of the late Joseph and Mrs. Catherine Gill. He attended St. Ignatius School, Hicksville High School (Class of 1975-76) and St. John's University. He has been 9 1/2 years with the Legionnaires of Christ, serving a long deaconate, and will be working as Director of Development at Cheshire, Conn., fund raising for the entire order.



The latest of Hicksville's St. Ignatius Loyola Church's seminary-sons, the Rev. Richard Gill is shown after celebrating a beautiful Mass in his parish church with St. Ignatius' clergy-admirers, left to right, Fathers Robert Giuntini, Peter Liu and Pastor Edward Tarrant. Father Gill's many friends and relatives joined him after his Mass at a reception in his honor in the church hall.

Photo by Dick Evers
Historian, Hicksville Gregory Museum

Local Resident Elected Grumman Retiree V.P.



Dan Siep, left, of Hicksville receives well wishes of Grumman Chairman and Chief Executive Officer Renso Caporali upon being elected second vice president of the Grumman Retiree Club. The group has over 7,000 members spread over 46 states in 19 chapters.

Willet Ave. Jumpathon



This year the 4th, 5th and 6th graders from Willet Avenue School raised \$1,979.62 for the American Heart Association. There were 15 teams with a total of 88 children participating in the Jump-A-Thon. The children would like to thank all those who made a contribution and a special thanks to Mrs. Bergholz for organizing the event.

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Free Blood Pressure Test



Central General Hospital in Plainview is offering free blood pressure testing to members of the community. A nurse will be available to take blood pressure during the first Wednesday of every month, in the hospital lobby, from 10 a.m. to 12 p.m. Registered Nurse, Geraldine Mahler, is pictured giving a blood pressure test to a local resident.

Dutch Lane Honorees



Dutch Lane Honorees for 1991 were presented their plaques from the Dutch Lane PTA at the Founders Dinner held at the Crest Hollow Country Club, February 28. Pictured are: Dutch Lane PTA President Phyllis Zollo and honorees from left: Denise Yannone, Maria Matz and Peggy Parsekian.

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April 7 at St. Mary's - St. Paul's School 11 a.m. - 1:30 p.m.

Community Council Meeting

The Hicksville Community Council will hold its April meeting on Thursday, April 4, at The Hicksville Public Library, in the Community Room at 7:30 p.m.

The Program slated is:

- ILCO: Energy Management Specialist Saving Energy and dollars
- Library Director: Ken Barnes - Library Budget
- American Ref-Fuel - Jim Clancy, Update on Resource Recovery Facility
- Town of Oyster Bay Report Councilman Tom Clark

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Christopher Rapuzzi
Sandy J. Jones
John Maguire

April 2

Nicole Louisek
Matthew Robert Juvet

April 3

Mario Maisonet
Phillip Catern
Frances Thomas Wahlen

April 4

Florence Shaw
Colleen Chase
Bob Winter

April 5

Jeff White
Lisa Menzies
Norman Duffy

April 6

Kathleen Doyle
Lauren B. Kurtzke

April 7

Sue Powell
Brent Harrison
Pat Shortt

April 8

Cynthia Gaylor
David Hoosack
Judi Adler Platt

April 9

Darren Sadowski
April 10

Andy Schaeffer
Maria Krobath

April 11

James Sanderson
Sharon Edwards

April 12

Kimberly Spiegel
John F. Rooney

April 13

Keagan Shaw
Charles Milone
Michael DePalma

April 14

Cathy S. Johnson (Wahlen)

April 15

Robert and Janet Connolly
Mary and Charles Goederer

April 16

James and Patricia Healy
Bill and Clara Bennett

April 17

Ruth and Bill Robeson

April 18

Alan and Carol Steinmark

April 19

Joyce and John Swidzinski
Glenn and Judy Cisek

April 20

Alicemay and Earl Clark
John and Gloria Latini

April 21

William and Susan Sanderson

April 10

Ralph D'Avino
Nancy Hogan
Timothy Breuer

April 11

Michael Schnipper
Robert Obermeyer

April 12

Leonard Zielinski
Susan Sullivan
Nick D'Antuono

April 13

Lou Neumann, Jr.
Erin Karl
Mike Cerullo

April 14

Dawne Curran
Gene Olafsen

April 15

Patricia Ciecura
Annmarie Hawkins
Joanne Burd

April 16

Jim Tringali

April 17

Thomas Snadecky
Eric Trongone

April 18

Heb Goerke
Thomas Morillo
Phillip Seeger

April 19

Michael Anderson
April 20

Sue Cucci
Tom Scannapieco
Diana D'Avino

April 21

Danny McGovern
Rebecca Crown (Schwartz)

April 17

Erin Matlock
Ronald Platt

April 18

Jennie Morillo
Stacey D'Amelia
John J. Sheppard

April 19

Andrew George Syrett
Claire Cerullo
Dorothy Conte

April 20

Earl R. Clark, Jr.
Chick Jabour

April 21

Russell Matlock
Jennifer Snadecky
Jennifer Mulligan

April 22

Blanche Edwards
Ryan Thomas
Keith Carsten

April 23

Jason Pellicano

April 24

Leonard Zielinski
Colleen Heller

April 25

Michael Burwasser
Peter Mazzocchi
Rosemary Ozienius

April 26

Martina G. Doherty
John Becker
Phil Russomano

April 27

Steve Heinbockel



April 25

Greg Blind
Judy Goederer
Pat Louisek

April 26

Conrad Schlauch
Edward Sheppard
Elizabeth DiPaola

April 27

Michael Pellicano

April 28

Gary R. Lewis II
Kristen Sclafani
Arlene Neumann

April 29

Bill Bennett
Helen Noto
Michael McGovern

April 30

Michelle Carson
William Grindel

April 31

Mark Goldstein
Kathleen Kern
Ashley Smith

April 32

Ralph Antonette



HAPPY ANNIVERSARY

April 12

Dennis and Ellen Mulligan
Mike and Jane Murray

April 13

Michael and Ann Trongone, Sr.

April 14

Mary Ellen and Richard Hudson
Dick and Mary Hudson

April 15

Lou and Donna Neumann

April 16

Patti and Tom Sergi
Mr. and Mrs. Frank Jopp

April 17

John and Blanche Edwards

April 18

Donald and Catherine Buckley

April 19

Dr. Bernard and Gertrude Paul

April 24

Helen and Joe Behan
Joseph and Patricia Ciecura

April 25

Lorraine and Bill Koch
Mary and Patrick Gully, Sr.

April 26

Wendy and Phil Gurnis

April 27

Mr. and Mrs. Kieth Shaw

April 28

Richard and Dorothy Heideman
Mr. and Mrs. John Vassar

April 29

Pat and Vinny Lafaro
Donald and Alicia Anglin
Helen and Tom Scannapieco

April 30

Chris and Ray Auer
Don and Jeanne Houser
Tom and Corinne Clark

Danny and Betty Rodgers

Vacation Workshops At Gregory Museum

If you're looking for something to do during Easter break, the workshops at the Gregory Museum might be just the thing for you.

Wednesday, April 3

"Indian Pottery" - Jane Hinckley. Create and design a clay pot using natural materials the way the Long Island Indians did. Clay is self-hardening; you can bring your craft home right away. Workshop will conclude with Indian stories and songs featuring audience participation. This workshop is open to children ages 8 to 11 and will be held at the Museum from 1:30 to 3 p.m.

Saturday, April 6

"Butterfly Mobile" - Bonnie Hoffman. Shells lying on the beaches and the creatures that come from them. Make a butterfly from these shells. This workshop is open to those 7 and up and will be held from 1:30 to 3 p.m.

Saturday, April 20

"A Place To Live" - Rose Davis. Birds choose a mate, claim their territory and nest, building, gathering grasses, twigs and other materials. Let's construct nests and camouflage eggs in preparation for a family. This workshop is open for ages 4 to 6 at 1 to 2 p.m., and ages 7 to 9 from 2:30 to 3:30 p.m.

Fees for these workshops are \$6 for members and \$8 for non-members. Because of space limitations, reservations are required for all workshops. To make your reservation, please call the Museum at 822-7505.

If you're not already a member of the Hicksville Gregory Museum, perhaps you might consider a membership. Members are entitled to free admission to the Museum and also receive a discount in our gift shop. A yearly membership is offered to individuals for \$10 and a family workshop is available for \$20. Those with family memberships are entitled to a discount at all workshops.

Baseball Registration

It's not too late! If you forgot or just haven't gotten around to registering your children to play you can still mail your form, divisions from instructional through seniors for girls and boys.

The fee is \$68 for the first child, \$75 for two or more per family. We require a separate check for \$20 dated July 1 for a uniform deposit for each child to be returned at the end of our season when the uniform is returned. Registration without deposit will be returned.

Players registering with Hicksville Baseball Association for the first time must show proof of age with a birth certificate.

Mail form to: RoseMarie Rodriguez, Hicksville Baseball Assoc., 4 Elmira St., Hicksville, N.Y. 11801, 822-6419.

GET RESULTS! Place an ad in our Classifieds for reasonable rates and prompt results.
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Sanitary Division Service Pins



Oyster Bay Town Supervisor Angelo A. Delligatti, sixth from right, Town Councilman Thomas L. Clark, third from left, and Town Councilman Leonard Kunzig, second from right, present service pins to employees of the Sanitary Collection Division of the Dept. of Public Works in recognition of their years of faithful service to the Town of Oyster Bay. Receiving pins, left to right are: Hickville resident August Burkhardt, 20 years; Bayville resident Robert Doran, Jr. 20 years; Plainville resident Michael LaManna, 20 years; Alexander Daniell, 25 years; Hickville resident Arthur Leo, 30 years; Hickville resident Kenneth Hirsch, 20 years; Joseph Ingino, 20 years; Norman Gingell, 20 years; Joseph DiPeri, 25 years; and Hickville resident Marco Regatiero, 25 years.

Gregory Museum Open House



Daniel Russell, noted authority on Long Island history, is seen speaking on a favorite topic, "Long Island in the American Revolution," at a Sunday Open House gathering at the Hicksville Gregory Museum. Mr. Russell recalled the Island's active role as a spy ring operation, its whaleboat raiders, and the near-disaster for Washington's patriot army at the Battle of Brooklyn Heights.

Photo by Edward Bady, Gregory Museum Volunteer

HICKSVILLE BASEBALL ASSOCIATION 1991 REGISTRATION

I, the parent/guardian of the child(ren) listed below, hereby give my approval to his/her participation in any and all Hicksville Baseball Association activities during the 1991 season. I assume all risks and hazards incidental to such participation of my child(ren), including transportation to and from activities, and do hereby waive, release, absolve, indemnify and agree to hold harmless HBA, its organizers, officers, managers, participants and persons for any claim arising out of any injury to my child(ren) in all HBA activities, except to the extent and in the amount covered by accident or liability insurance. I agree to return, upon request, the uniform and other equipment issued by HBA, in as good a condition as when received, except for normal wear and tear.

FACILITIES		PHONE	
ADDRESS		ZIP	
The following members of my family are playing baseball/softball with Hicksville			
AGE AS OF 7/31/91	BIRTH DATE	MALE/FEMALE	HBA PLAYER IN 1990
LAST NAME	FIRST NAME		PLAYER OTHER
			ACFS B-15 UNIFORM DEPOSIT
			\$20.00
			\$20.00
			\$20.00
			\$20.00
FAMILY REGISTRATION FEE			5
TOTAL FEE			6

Hicksville Baseball Association is a volunteer organization and must depend on volunteers to run a 1991 season. Please help us by giving a minimum of three hours of your time during the season. Your comments and suggestions are greatly appreciated.

Can help by: (Please insert name of volunteer) (Minimum age for signing is 14.)

MANAGING:	LEAGUE:	UNIFORMS:
COACHING:	LEAGUE:	SHIRT DUTY:
TEAM MOTIVE:	LEAGUE:	

Minutemen Win First Cup Round

The Hicksville Minutemen 1977 B traveling soccer team defeated the Farmingdale Mustangs 5-2 at Triangle Field on Saturday, March 16, in a first round Chase Cup tournament game, advancing to the second round which will be played April 14.

The Minutemen were led by the fine play of Danny dePinho, normally a left wing, filling in as goalkeeper, and the first half, offensive exploits of Kenny D'Introno, normally a fullback, who played left wing and popped in two big goals for a 2-0 halftime lead. The Mustangs came back early in the second half to make it a 2-1 game. Hicksville then poured on the offensive, scoring three straight goals. The first was by right half Richard Werchenski, off a corner kick, taken by center half Anthony Noya. The second was a perfect header by striker Jorge daSilva, off a line drive corner kick by Noya. The third was a solo effort by right wing Tommy Coffey, who weaved through the Mustang defense to score.

The balance of the players, all who had a good game, were Jason Brown at right half, Tim Dalton at left fullback, Richard Hersh-kowitz at sweeper, Brian Rigert at left half, Alcino Silva at wing, Andres Turcios at stopper, Bobby Wagner at wing, and Greg Walunas at right fullback. Congratulations to the Minutemen, Coach Tony dePinho, Assistant Coach Al Blicher, and sponsor Seaman & Eisemann, for an exciting, well-played winning soccer game.

GRANDPARENTS - Send in your grandchildren's photos and enter our "World's Most Beautiful Grandchildren" contest. Just send a photo and a brief description of the child (or children) along with your name and address to: Litmor Publica son, Beautiful Grandchildren Contest, 81 East Barclay St., Hicksville, N.Y. 11801. We'll do the rest!

April Fun At Beth. Library

The Little Dance Co.-Wed., April 3, 2 p.m.

Live! A spirited, skilled group of professional dancers will present an exciting program of modern, classical ballet, jazz, mime and tap techniques - using a unique combination of informal discussion/demonstration and fully costumed performance. A thrilling exploration of the world of dance. Ages four and up. Register from March 7. Cosponsored by the Town of Oyster Bay Dept. of Community Services.

Puppet Show Treat - "Little Red Riding Hood" by Puppets to Go, Thurs., April 4, 2 p.m.

Dramatic puppet adaptation of a famous classic. Lively, colorful, enchanting - Red and the wolf learn some valuable lessons along their danger-strewn paths to excitement and happy ever-afters. Memorable music, non-stop action, dazzling staging - children's puppet theater at its best. School-age children. Register from March 7.

Volcanoes & Earthquakes Around the World - with Naomi Taub, photographer and world traveler. Sat., April 13, 2 p.m.

Take a fascinating photographic trip around the world to learn how volcanoes and earthquakes have shaped the earth's landscape and changed history. Visit living volcanoes in Hawaii, the fury of Mount St. Helens, the ruins of ancient Pompeii. Walk the streets of Managua, Nicaragua after a violent quake - and much more! With a slide show, interesting handouts and maps to take home. Grades 2-6. Register from March 14.

A Salute to National Library Week! For children & parents - The Super Silly Circus with Star Mimi Mark Stolzenberg. Sunday, April 14, 2 p.m.

Come on over and see hilarious and daring traditional and experimental circus clown routines including - unicycling, fire juggling, mime, acrobatics, music! Lots of audience participation - and more! Children of all ages and parents too! Register from March 18.

All programs are open to youngsters who reside in District No. 21 only. Please bring your library card as your ticket of admission. For further information, please call 931-3907.

Island Symphony At Hicksville Library

Sunday, April 21, at 3 p.m. the Island Chamber Symphony will perform at the Hicksville Public Library. This group of Long Island's finest musicians have been organized under the co-leadership of Lana Noone and Jeremy Kempton. Come and enjoy a splendid Sunday afternoon of music. The library is accessible to the physically challenged - all are welcome to attend.

This concert is co-sponsored by the Hicksville Public Library and the Town of Oyster Bay, Cultural and Performing Arts Division.

Endometriosis Group Meets

The Endometriosis Resource Center and Support Group at North Shore University Hospital at Glen Cove will hold two meetings in April. On Tuesday, April 2, Steven Klein, M.D., Director of the Endometriosis Resource Center at North Shore and support group leader Rhoda Kregman will conduct an informal discussion. The speakers will be available to answer questions and address a variety of topics related to endometriosis.

The guest speaker at the Tuesday, April 16, meeting will be Avner Hershtag, M.D. Dr. Hershtag, a reproductive endo-

crinologist, is Director of the Fertility Laboratory at North Shore University Hospital-Cornell University Medical College in Manhasset. He is an Assistant Professor of Obstetrics and Gynecology at Cornell University Medical College. His lecture will focus on some of the different methods of assisted reproductive technology, including in vitro fertilization (IVF) and other related technologies.

The group, which is associated with the Greater New York Endometriosis Association, meets in the Family Practice Classroom from 6 p.m. until 8 p.m. It

provides members with a supportive atmosphere and a variety of educational programs at no charge. Additionally, medical care will also be provided at a modest fee for those members who have been diagnosed with, or who suspect they have, endometriosis. The meetings are open to the public. Family and friends of persons with endometriosis are encouraged to attend. Pre-registration is required. A reservation can be made by calling the hospital at 676-5000, Extension 2148.

Jazz Concert At Library

Friday, April 12, at 8 p.m., the Hicksville Public Library will present the Great South Dixieland Band, the most popular Jazz group on Long Island. They will again play their fabulous music at the library. Join other Jazz enthusiasts for an entertaining evening.

This concert is co-sponsored by Hicksville Public Library and the Nassau County Office of Cultural Development.

Calligraphy Workshop

On Mondays, April 15, 22, 29 and May 6, 3:30 to 5:30 p.m., the Hicksville Public Library Young Adult Department and the Hicksville Youth Council are presenting a Calligraphy Workshop. Once you learn Calligraphy, you will use it for the rest of your life. Address envelopes beautifully, write special messages, make signs, etc.

Class size is limited, please register at the Circulation Desk. Materials fee \$9.



Former Grumman CEO John Bierwirth Is Still Taking Care of Business on Long Island

For 16 years, Jack Bierwirth ran the Grumman Corporation, Long Island's largest employer and a major economic force. In his "retirement" Jack is busier than ever, although every now and then he finds time to fish. He is deeply involved in a cause that is just as important as maintaining Long Island's economic well-being: restoring and preserving our unique environment.

Today Jack is Chairman of the Board of Trustees of the Long Island Chapter of The Nature Conservancy. For 39 years, The Nature Conservancy has been in the business of saving land all over the world — more than 6 million acres in the United States alone. And on Long Island we've protected more than 25,000 acres, including the 19-acre remnant of the Hempstead Plains.

We Long Islanders can still fish for trout; we can still walk in the woods, lie on the beaches, swim in the bays. But make no mistake, the quality of life here is under threat. We urge you to

make it your business to help preserve Long Island's magnificent natural heritage by becoming a member of The Nature Conservancy. For further information, call (516) 367-3225, or write to us at our Long Island Headquarters, 250 Lawrence Hill Road, Cold Spring Harbor, NY 11724.

Please enroll me as a member of The Nature Conservancy. My \$15.00 check is enclosed.

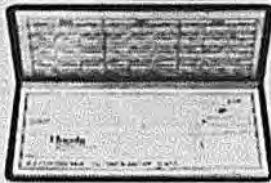
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Zero Increase Continued From Page 1

reduction in supplies and materials.
Code 1623 (Grounds): \$6,000 reduction in personnel services; \$72,000 cut from new equipment requests.

Code 1624 (Buildings): \$20,000 reduction in new equipment request (classroom furniture).

Code 1625 (utilities): Reduced by \$13,600 due to closing of Willet; \$7,000 reduction in water services.

Code 1627 (Safety): Reduced code from \$2,588,000 to \$382,000. Asbestos abatement costs were reduced in this code from \$2,500,000 to \$300,000. Dr. Fenton noted that there is still funds remaining in the asbestos reserve, and the district calculates that the bid for the conclusion of the work will come in at 1.3 million. This code also includes \$30,000 for an Environmental Safety Officer, a position which has remained vacant during the past year. Dr. Fenton said that the district was forced to contract out for work which should have been done by a Safety Officer. President Carole Wolf suggested the possibility of "sharing" Safety Officer responsibilities with other districts.

Other areas where additional information was requested are:

•The hiring of an insurance consultant, proposed by the Citizens Budget Advisory Committee. The consultant would review district policies and make recommendations, and would not be in a position to benefit from those recommendations.

•Creation of the position of internal auditor to report directly to the Board, proposed by the Advisory Committee. The Board requested counsel to determine the appropriateness of such a position in a Union Free School District.

•Approval "with clarification to follow" of \$30,700 in Code 7310 (Youth Programs). The code was opened some years ago with \$15,000, \$7,500 allotted by the district with matching funds contributed by the Town of Oyster Bay. The Town continues to contribute \$7,500. The funds support an after school recreation program during the winter and early spring. Average daily attendance is approximately 1,000 children, participating in such activities as hockey, weight-training and basketball.

The 8000 (Community Services), 2000 (Instructional Services) and 5000 (Transportation) Series were scheduled for the March 27 meeting, along with a revision of the 9000 Code, final budget summary figures and review of propositions.

NOTICE OF SALE Index No. 23238-1-89 SUPREME COURT: NASSAU COUNTY

In the Matter of the Application of STEVEN R. SCHLESINGER, As conservator of the Property of PETRA SCHMITT, a Conservatee for leave to sell her interest in certain real property located at the intersection of James Street and Broadway, Hicksville, Town of Oyster Bay, County of Nassau, New York

PLEASE TAKE NOTICE that, I, the Conservator of the property of Petra Schmitt will sell at public auction at 300 Garden City Plaza, Suite 516, Garden City, N.Y. on the 22nd day of April, 1991 at 10 a.m., the premises described below:

ALL that certain plot, piece of parcel of land, with the buildings and improvements thereon erected, situate, lying and being at Hicksville, Town of Oyster Bay, County of Nassau, and State of New York bounded and described as follows:

BEGINNING at the corner formed by the intersection of the northerly side of James Street and the new westerly side of Broadway;

RUNNING THENCE South 76 degrees 05 minutes 30 seconds west along the northerly side of James Street 103.61 feet to the new Northeasterly side of Newbridge Road;

THENCE North 45 degrees 57 minutes 33 seconds west along the said side of Newbridge Road a distance of 43.38 feet;

THENCE along the South-easterly side of Newbridge Road the following 2 courses and distances:

1. North 13 degrees 21 minutes 23 seconds east 52.25 feet;
2. Along the arc of a curve bearing to the right having a

radius of 1387.39 feet a length of 123.56 feet;

THENCE North 76 degrees 05 minutes 30 seconds East 50.28 feet to the new westerly side of Broadway;

THENCE along the new westerly side of Broadway the following 2 courses and distances: 1. Along the arc of a curve bearing to the right having a radius of 2819.79 feet a length of 187.66 feet;

2. South 9 degrees 19 minutes 37 seconds 3.00 feet to the aforementioned corner, the place or point of **BEGINNING**.

Premises sold subject to: easements, restrictions and agreements of record, if any; any accurate state of facts an accurate survey and/or inspection will show; building and zoning restrictions and ordinances and regulations of the municipality; lease to Exxon Corporation and rights of tenants and persons in possession, which lease extends to the year 2003 and contains a right of first refusal. Conservator will make copies of lease available for inspection prior to auction or by appointment (516) 746-8000. Premises will be sold "as is" and "where is." Conservator makes no representations as to permitted uses, quality of improvements, etc. The minimum acceptable bid is \$662,000.00.

Ten (10%) percent cash or certified check will be required upon execution of contract. Sale is subject to approval of Supreme Court. Additional terms and details are available on written request.

Dated: Garden City, New York March 12, 1991

STEVEN R. SCHLESINGER
Conservator

MIT 2432

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through input and special
family features.



Friday, March 29, 1991

**Why Women Can't
Talk To Men**



SEE PAGE 3



THE QUESTION OF THE WEEK

Do you think there should be stronger control of police by civilian review units?



Input Callers Want AIDS Contacts Notified

Most callers to Input believe that health officials should be able to notify AIDS contacts in answer to this question: "Should doctors have to report AIDS cases to the Health Department so that contacts can be notified?" Here are some of the answers:

OBVIOUS ANSWER

The answer to this question is so obvious if you substitute any other disease for AIDS. The answer would be absolutely and that is just what is done with venereal disease and other contagious diseases. So why do we have a different set of rules for AIDS? This is hard to answer except simply because gay groups have mobilized and intimidated the professionals and physicians so that they can have anonymity. But to remain anonymous how can the danger to other individuals be overlooked? We should make a law and enforce it. It will save some lives. H.J.

GO ON AS BEFORE

The problem with making the names of AIDS victims known is that in some places there is still a stigma to the disease and it is thought that this stigma will only make matters worse for the victim. Unfortunately it is even possible that many would stay away from AIDS testing if they thought the results would be made known. I think we have gone this far without public disclosure and there may be a cure around the corner. We should go on as we are. After all people who are named as contacts probably cannot be cured with present drugs now so it would be too late. N.G.

POLITICAL DISEASE

AIDS is the most political disease that has ever been known. If you have TB, venereal disease, scarlet fever or many other things, you are isolated for the good of others. Why not AIDS victims? It is possible that some might be so discouraged with the disease that they will go on infecting others because they do not care. The Health Department has to warn people against dangers and this can only be done by revealing names where appropriate. M.F.

REASON TO REVEAL

There is good reason to reveal the names of victims to contacts. It at least gives some a chance to avoid the dreaded AIDS virus. Considering that contacts can take precautions or avoid contact completely, this would be a requirement of the Health Department to protect the people from AIDS. There shouldn't be much to debate about in this matter. L.G.

DO LITTLE GOOD

The revealing of names of persons who have AIDS would do little good. By the time they know they have a case they probably have infected their close associates so what is really being asked by the Health Department is to set up a system similar to when we had camps for lepers. I think this whole idea still gives a sadistic pleasure to those who dislike gays and is a way to punish them. J.B.

STOP SPREAD

I think that doctors treating AIDS patients should have to get in touch with the Health Department and warn contacts that they too may have contacted the disease and therefore should have limited activities. Gays have been rather strong in their criticism of others for not helping them, etc. but they do not care enough about others to do everything possible to stop the spread of the disease. It is easy to complain for more funds, better facilities and everything else but gays too have a responsibility and even if it embarrasses them they should let others know of the danger they pose in sexual contacts. H.F.

NO ALTERNATIVE

A question such as this should have been answered a long time ago by health officials. They have no alternative. AIDS victims can pose a threat. They must be responsible and legally required to do what they can to protect others. F.V.

AFFECTS US ALL

The deadly AIDS epidemic affects us all and the choices we have to make. Reporting AIDS cases to the Health Dept. would be somewhat helpful in combating the spread of the virus. Some may say this is an invasion of the patient's privacy but it is just as important to let the contacts know. The public's attitude towards this disease is beginning to change. Ignorance and indifference must be overcome before there is a cure. C.P.

CONFIDENTIAL BASIS

From my point of view, the "Question" answers itself. So much has been written on the subject of AIDS and the escalating dangers of possible contamination from the virus that it should almost be considered a crime to withhold the information from anyone who might be exposed to the dread disease unknowingly. Obviously, doctors are in the best position to disclose their knowledge of patients who have AIDS so that a reference of some sort could be established permitting anyone interested to be alerted to the sources of contamination from such a mandated listing. Obviously, it's a very sensitive matter as most of those already afflicted with the disease have no desire to make it public. However, in the general awareness of the limitless effect of contagion to AIDS reaching back as far as conception, I can see no alternative but to demand an official report of AIDS cases by doctors to the Health Department who, in turn, would be constrained to disseminate the information on an extremely confidential "need-to-know" basis. P.G.S.

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4. Leave your name and telephone, or simply use a pen name (your message can be anonymous)
5. Publishers reserve the right to edit, modify or omit any and all material.



Why Women Can't Talk To Men

By Bonnie Lyons Salkind

I often fantasize (although I am a black and white realist) that my husband and I can talk about any subject in the world in a calm and thorough way. My role model for this unreachable dream is the busy yuppie couple (in books and movies) who return home from a pressured, event-filled workday and sit on the Laura Ashley couch in the minimalist-decorated den, North Fork Chardonnay in hand - and they tackle potentially-explosive and controversial subjects with the same serene demeanor and immovable coolness, as though the content were innocuous and no more argument-producing than the weather!

My close friends have the same wishes - we'd not dare wish for Rolexes or trips on the Concorde to Paris - but only for the chance to talk to our mates or significant others about the same things we can discuss only with our girlfriends!

What is it about us women that we can start a conversation with a strange woman in Penn Station, or on the "hair wash line" at the beauty salon, or in the dressing room at the gym - and in less than 15 minutes that stranger knows what bank we use, when our menstrual cycle is, our political affiliation, whether we are pro-abortion or not, and of course the intense inner feelings and privacies that we can share only with women - not by choice.

It is "sad" and rueful, that we have to discuss the most confidential sentiments with "other" people. It is true that things can only be worked out when expressed to the person the issue concerns. So to keep talking about the most important issues with and only with our friends, does not allow those sore-points to ever be resolved.

Of times at work, employees will come to me in my managerial position in Human Resources, and tell me about a deteriorating or poor situation and ask for help. The best help I can give is to help them to get over the "fear" of discussing the issue with their boss or with the person with whom they have had the altercation or poor relation. I fortify them with the protocols, entrees, sic, and the way in which to approach the discussion so that their message will come across; and they can set a forum and format for civil and productive conversation in order to reach resolution, or at minimum, understanding of the other one's position.

So how come this does not work at home or in our personal lives? Why do all our efforts to diffuse the possibility of a loud and contentious argument not get results: Don't we plan to "hold our tongues" until the right moment (God knows that moment may not

come for 2-3 weeks or even months) when the "mate's" deemed to be ready: "Ready" means there have been no fights for weeks, no financial problems, no disagreements, no problems at work for him, etc. We calculate the perfect time, much as there is only one time to plant tulip bulbs, there is usually a long wait for this opportune moment...and don't we know it when it arrives? Because for days before all we discuss is what is in the news (although being a Republican married to a Democrat does not always assure agreement!), the newest most chi-chi South Western Restaurant, the real estate market and other general, non-personal topics. We have bitten our tongues and "kept quiet" amidst many opportunities to show our true colors and get in our "unsolicited five cents" worth of opinion, and we have not said an untoward or sarcastic word about "their family" for a long long time!

So why, when that perfectly-staged moment comes, can we not get out the first word, without an explosion and "shut-off" on their parts? How do they know what the topic is, and why are they unwilling and unable to face a conversation that may be uncomfortable to them? Why do they stop us at the pass, cut us off and refuse to have a discussion, that we have a need to discuss?

We have promised our own selves to mete out our words with care, to not attack or put the other on the defensive, to not be judgmental nor glib and flip, and to keep to the subject at hand and to encourage input from our men?

But all of this going that extra mile and doing our share to set a good and healthy setting go astray. Why do men insist on not being a part of those discussions that would be so helpful, welcome and important to us? Why are they unable to express their feelings without fear of repercussion on our part? Why are they so adamant about having subjects that are taboo? Why is their decision unilateral and non-discussable?

Three of us "run" a self-help support group for second wives/stepmothers. We publicize our meeting in local papers. As example, of the tremendous and instantaneous bonding that women have within their own gender group, one "new" woman responded by phone to our meeting notice, and in 15 minutes we each knew more about each other than some people know in months or even years. She was so willing to talk freely and candidly that it fostered a warmth, trust and open relationship from square one. I dare say this does not happen between women and men...ever...

ABOUT THE AUTHOR

Bonnie Lyons Salkind is a resident of Jericho and Hampton Bays. She is a businesswoman who travels frequently and wrote this article to share with fellow travelers. It is her second contribution to *Discovery*.

DINING GUIDE

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READER RATINGS

My wife and I have been dining in Italian restaurants for about 35 years.

We have had good, bad and excellent.

We had dinner recently at one of the restaurants you advertise in your paper. The restaurant was "Casa Mia" in Bethpage. Our first impression was a bad one until we got inside.

The ambience was beautiful. High back red velvet chairs, dim lights and candles lit on all tables. We were greeted by the hostess, Sophie, who is also a co-owner. She is a beautiful woman who had us in stitches all night long. She made us feel as though we were in business with her.

When the food came, we were shocked. We started with their hot antipasto which had baked clams, fried zucchini and seafood stuffed mushrooms, absolutely delicious.

My wife had Chicken Casa Mia and I had the Chef's Special which was Veal Sicilian which was veal and eggplant parmigiana stuffed with ricotta.

For dessert we had cappuccino, the best we ever had.

I happily recommend this restaurant for we feel it is the best on the Island. K.C.

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The Crawley Chronicle



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READER RATINGS



FAVORITE RESTAURANT

The Hunt Room on Seventh Street is my favorite restaurant. I have been going there for a number of years and cannot think of any time I have been disappointed. The Hunt Room is like a small country club in the middle of town. It always has a good selection of very fresh fish and a number of specials each night of both fish and chicken, beef or lamb. This small restaurant is one of the nicest places in Garden City. In addition to dinner it is a great place for a luncheon business meeting. E.T.

Q. I have noticed that tips are said to range from 15 to 20 percent of a bill in a restaurant. When you calculate this, do you figure in the sales tax?

A. No you do not generally figure the sales tax in the tip but a great many people now are doubling the sales tax to quickly arrive at the amount of the tip. With the new increased fraction the tip will then closely approximate a 15 percent gratuity.

Q. What is the correct way to eat crackers in soup?

A. Small crackers, such as oyster crackers, may be added to the soup and eaten that way. However, large soda crackers should really not be crumbled into the soup. It is better to keep them on the plate and eat them along with the soup.

DINING GUIDE

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The Last Word In Restaurant Guides

Where Our Readers Have The Last Word

This newspaper, and the seven other weekly newspapers associated with it, publishes the last word in restaurant guides and a paid listing of many prominent selected restaurants in this area. While many of them have been rated by the great, and near great food connoisseurs, our readers will have the last word through "Reader Ratings."

Through a special 24 hour phone system, readers will be asked to call in their assessment of each restaurant they visit. Consensus ratings (good or bad) will be published as a continuing part of the guide.

In addition they can make suggestions, compliments or criticisms through the open phone line and messages will be sent through to the restaurant management.

(Guide to Good Dining)

DINING GUIDE

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READER RATINGS



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Q. Our child won't behave at table, and when we go to dinner at our friends' homes, he acts up at table, won't eat and generally is disruptive. How can we handle this situation?

A. Until he learns at home how to behave at table, he'll never do anything but disrupt everyone's pleasure at someone else's home. I suggest you get a baby sitter and leave him at home because that's where he should be for his evening meals anyway.



DINING GUIDE

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READER RATINGS



Q. Aren't people who never order dessert (and who push-poke others who do) awfully rude when they lean over to "have a taste"?

A. Yes, they are. Constant "tasters" are a big bore for everyone. If they want to taste something so badly, they should order it for themselves.

Q. Does a man order for his woman companion?
A. He asks her what she wants, and he orders for her if it makes the ordering more efficient. He should never order anything for her without her expressly having requested it.

Men today who are increasingly aware of the women in their businesses who wish to be treated like colleagues instead of helpless creatures, allow the women at the table to order for themselves.

Q. When you're eating in a coffee shop or at a drugstore counter, what are you supposed to do with the paper containers you used for mustard, sugar, and things like that?

A. It's nice to fold them neatly and deposit them in the ashtray, if it's not being used. Otherwise, one may deposit them on the saucer of the coffee cup or under the rim of a plate.

Q. I was always taught that when a man who is not "loaded" takes a woman to a restaurant, his date should order very lightly. Is this true today?

A. Yes, and it's equally true if a woman is footing the bill for a male guest. It's just basic good manners when you're someone's guest to order modestly. If your host insists you have something grander, and says he or she is "going to have the fillet of beef", this evening, you as the guest may certainly follow suit.

If the guest orders first, it's nice to go easy, if one doesn't know the personal situation of the host.

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Where Our Readers
Have The Last Word



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(Guide to Good Dining)



DINING GUIDE



Barbara Rader 9/6/82
Cathy Urbach Pennysaver 9/28/84

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It's like a "second home" for us every time we dine at restaurateur par excellence Dino Kontogiannis' popular, New Hyde Park, Pisces I Seafood Restaurant on Union Turnpike, just one block west of Lakeville Road. This moderately priced culinary landmark has become a dining out legend since it first opened, a little over a dozen years ago. We are always warmly greeted there by Dino, himself, his brother partner Peter, Dino's son George, and the veteran waitresses Linda McGeown of Belleose and Donna Artita of Mincola.

We started off with an absolutely superb \$3.50 authentic Greek salad for two with anchovies and a unique house dressing which we always agree is one of the very finest on all of Long Island. My wife always raves over another of her Pisces I favorites, her \$16.45 colossal sized, fried butterfly shrimp, one of their specialties, while I savoured a sumptuous \$15.95 whole broiled fresh flounder filet, stuffed with fresh spinach and feta cheese.

Our entrees were embellished with rice pilaf and a marvelous medley of garden fresh sauteed zucchini with tomatoes and mushrooms, and steamed fresh cauliflower. We complemented our raptuous repast with an \$11 bottle of Greek Achaia Clauss, delicious domestic white wine, imported by Lake Success headquartered Blair Importers, Ltd. Achaia Clauss, established in Petras, Greece, in 1861, has become internationally renowned during these 130 years. Proprietors Dino and Peter were born and raised in Southern Greece's fabulous city of Sparta.

An especially enticing entree is Pisces I's, most reasonably priced \$11.95, Bluefish Greek style, served with two fresh vegetables.

We grand finale our most memorable meal with a \$2.95 superb, authentic Greek Baklava and an excellent creamy cheese cake. Also highly recommended is their \$2.50 heavenly, homemade chocolate mousse. Our "two for the road" were two fragrant cups of freshly brewed decaf.

Pisces I is open seven days a week for dinner, from five until 9:30 p.m., Monday through Thursday, until 10 p.m. on Friday and Saturday, and from 3:30 to 9 p.m. on Sunday. They are open for luncheon, 11:30 to 2:30 p.m., Monday to Friday, Diners Club, Carte Blanche, American Express Mastercard and Visa credit cards are honored. All of their culinary delights are available for take out.

Pisces I's cuisine is most authentic and so is their hospitality. J.DeG.C.



DINING GUIDE

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Fitness Forum

Best weight loss includes 'E' word

By Verne Palmer

Your pants are too tight, your stomach tends to cantilever over your waistband, and your toes have inexplicably disappeared. It's time to shed those 20 extra pounds that have crept onto your once reasonably trim frame.

You've plotted your dietary strategy, and now comes the \$64 question: Can you do it without that dirty little eight-letter word: e-x-e-r-c-i-s-e?

You can, but you probably won't like the results, according to a bevy of weight-loss experts.

Dieting without exercise means you're probably going to lose the wrong kind of weight, work harder doing it and have more trouble keeping it off.

"If you lose weight by diet alone, you're more likely to lose lean muscle mass, and that's self-defeating," says Robert Abelson, a certified health and fitness instructor who teaches weight management through the University of California at Los Angeles Extension.

"Lean muscle tissue is a real friend. It burns up more calories than fat, and it helps keep all the curves in the right places."

For example, Abelson says, a 130-pound woman with a 20 percent body-fat ratio could eat 200 to 300 more calories a day than a 130-pound woman with a 40 percent body-fat ratio and stay the same weight.

Dr. Howard Liebowitz, director of Centinela Hospital's Culver City, Calif.-based weight management program, agrees.

"A lot of times people get on the scale and all they're concerned about is the number that shows up on the dial, but the body-fat ratio is a much more important consideration," he says.

Beyond the downside of diet alone, exercise has some very real weight-loss advantages.

"As little as 30 minutes of exercise is enough to raise the body's metabolic rate so that you burn calories at a faster rate for the next 24 hours," Liebowitz says. "That's why it's so important to do it daily."



Fitness Forum

Studies also have shown that exercise tends to depress appetite, reduce stress and act as a natural upper, says Sue Hansen, who directs the weight-loss program at Little Company of Mary Hospital in Torrance, Calif.

"Many people who are overweight are emotional eaters," Hansen says. "They haven't been able to manage the stressors in their lives, and exercise is a really effective stress reducer."

"Exercise also causes the release of endorphins, mood-elevating peptides that help people cope with the stressful situations we all face — and the '90s are filled with stress."

If exercise is a must, what kind is best?

"Walking, walking, walking," says the 36-year-old Hansen, "primarily because you have a high compliance rate. It's something people will do."

"The biggest problem with exercise programs is the high drop-out rate. People sign up for fitness programs they can't live with — they can't get to the gym because they have to pick up the kid from ballet, or they're car pooling today — and as a result they do nothing."

Walking is something anyone can do any time and any place, she says. The goal should be 30 minutes a day, but that doesn't mean it couldn't be less.

"More is better, but even 10 minutes a day will raise your metabolic rate and improve your cardiovascular system. It's not an all-or-nothing situation."

Walking gets Liebowitz's vote as well.

"The ideal type of exercise for weight-loss is the slow-burn type — long duration but lower intensity activities such as long-distance walking, jogging, bicycling," he says. "Activities that focus on the lower extremities of the body tend to burn calories at a higher rate."

But walking, especially, has added benefits in that it doesn't require any special knowledge, supervision or equipment, says the 39-year-old Liebowitz, who is an endurance athlete. "All you need is a good pair of shoes and good weather..."

However, any kind of activity that gets the heart up to exercise rate — swimming, climbing stairs, aerobics or working out on a stationary bike, treadmill or Stairmaster — and keeps it there for 30 to 40 minutes will do, he says.

FOR TEENS

By Willard Abraham, Ph.D.

I recently included letters in this column from heavy metal fans who reacted strongly to an earlier teen letter writer who attacked their taste in music. Other metal fan letters are still coming in. Here are two of them.

Dr. Abraham: First of all, you've got to have an open mind. I love metal, and there definitely are some very gorgeous guys with long hair (like Sebastian Bach and Kip Winger).

But looks aren't everything. You have to look beneath the surface and get down to what really counts — the music.

Just like you, I'm entitled to my own opinion. I can't stand your music; to me it's all fluff. People like you are far too concerned about looks and image, and less concerned about authentic and original music. Just look at Milli Vanilli and rap and the New Kids.

Some guy is making millions of dollars by brainwashing mindless preteen girls. Take one of your New Kids tapes and read who wrote the songs or who played the music, and you'll find that it wasn't a New Kid.

I love metal, along with a lot of other kinds of music, including the blues and classic rock 'n' roll. And don't even try to give me the New Kids or Guys Next Door (how many people do you know that live next door to five or six guys?). Give me the Doors, Stevie Ray Vaughan, INXS or Megadeth any day. — Metal Blues

Dr. Abraham: I am an 18-year-old young lady, and I listen to heavy metal.

I just want to say to the one who wrote to you earlier that not all heavy metal is crude and degrading. On any record you're going to find at least one song you don't like. But there are a lot of good ones to make up for those.

There are songs that talk about love, peace and lots of good things. I will say that there are bands out there I wouldn't listen to, either. — Music Lover

Dr. Abraham: I am in 10th grade and will be signing up soon for the driver education class.

I seem to have problems with my friends regarding car seat belts. They seem to be confused about them.

I always use a seat belt. Whenever I sit in the front seat and wear one, that doesn't bother them. But if I am in the back, I'm laughed at when I have a seat belt on. They tell me, "You don't need it. The back seat is more safe than

the front seat." Sometimes I'm told to take it off, but I don't because I know they are wrong.

When I told my father about this, he said, "You're right. When they tell you to take it off, just don't listen to them because you can fly over to the front seat without a seat belt on."

How can I tell my friends that they are wrong about safety seat belts in a car? — Safety First

Safety First: How smart you are, and your dad is, too.

Most of the research I've seen on this subject, and I've seen plenty, yells loudly and clearly, "Buckle up before the car moves, and stay that way until it's parked."

Seat belts help prevent serious injuries and save lives. If two people are in the same car accident, one with a seat belt on and the other not, the first will generally live to tell the story, the other will be severely injured or killed on the spot.

Tell your friends to go to a hospital emergency room, talk to the doctors there, and ask to see any auto accident pictures they have. Suggest that they also ask the police and see their pictures, too.

Yes, you are definitely on the right track. They are dead wrong, and not very smart. Please tell them I said so.

Dr. Abraham: I went with a boy for about three years. I still love him, but I have another guy in my life whom everyone tells me is better for me.

Well, I love them both. Is that possible? What should I do? — Confused

Confused: Because they are no doubt quite different from each other (as people generally are when compared with others), it is possible to have strong feelings of different types toward each of them.

This is probably not the time to force yourself to make a choice. Time will take care of that.

One caution, however: Be careful in listening to your friends about which one is better for you. Try to trust your own head and heart rather than the opinions of other.

FOR TEENS

Q. We're planning to remodel the master bedroom.

We need more space to ourselves (now that our children are all in their teens and seem to keep the rest of the house filled with their friends). I hope you can give me some ideas on what to include.

There is a very small guest room next to ours that could be incorporated. — J.C., Savannah, Ga.

A. By all means, talk to your contractor about taking down the wall and putting that guest room to work in the master suite. A simple bedroom doesn't make it today and an overload of teen-agers is only one reason.

Architects and interior designers tell me *everyone* wants — and needs — more space to be alone, or alone together, and more of us are looking for it in our bedrooms.

Bedrooms have become like hotel rooms not just for sleeping, but furnished for relaxation, for video watching, for dining and for working out.

You can have it all without spoiling your bedroom's good looks, too, as designer Nancy Braithwaite demonstrates in the gracious masterful bedroom she designed for *House Beautiful* magazine. Actually, the editors commissioned her to bring Everywoman's Dream Bedroom to life in what they called a "Wish-List House." The magazine's readers listed their hearts' desires, and the house was custom-built to fulfill them.

Among the most-wanted features, according to the editors and other experts in good living:

- A fireplace for old-fashioned romance. Newest twist: a two-sided fireplace that also serves the master bath.

Decor Score

By Rose Bennett Gilbert

- A soft, soothing atmosphere. The bedroom should pamper, not challenge with clashing colors and hard-edged furniture.

- Old-fashioned touches like interesting architecture, canopy beds and comfortable furniture.

- Newfangled comforts like TV, a good music system, whirlpool

bath, sunlamps, steam bath and perhaps a moving, top-to-toe massaging shower head.

- A touch of the grand outdoors. Nancy Braithwaite opened her dream bedroom to a narrow exterior balcony. Generous windows and/or a skylight would flood your new bedroom with sunlight/star-

light. What could be more romantic?

There also are a few no-nos to keep in mind as you plan.

Don't let your private quarters become a second family room; keep it friendly but definitely off-limits to the children.

And don't even think about including a home office there, at least not for bring-home work. Computers and romance do not good bedfellows make.



PRIVATE SPACE — Designer Nancy Braithwaite provides a private space for dining and relaxing a deux within a luxurious bedroom.

Backyard Gardener

By Patrick Denton

SELF-SOWN FLOWERS

Over the years I have come to appreciate those tough, generous flowers that happily reseed themselves to bloom year after year in the garden. It seems to me that these easy "volunteers" would be ideal for growing in spots the gardener would just as soon not have to concentrate much effort on.

Nasturtiums, for example, are ideal for places where a summer-flowering carpet would be a yearly attraction. Tall, old-fashioned cosmos is perfect for a sunny corner, perhaps against a fence. Both these flowers self-sow with enthusiasm.

Other flowers that have perpetuated themselves beautifully in my garden include foxglove and Canterbury bells, forget-me-not, poppies, viscaria, calendula, echium (bugloss), poached egg flower (limnanthes), lobelia, linaria (baby snapdragon), alyssum, pansy, portulaca, love-in-a-mist (nigella) and canary bird vine.

Among the herbs dill, Italian (flat-leaved) and curly parsley,

and summer savory self-sow yearly.

Of course all this reproductive abandon does depend upon a certain amount of *laissez-faire*. Plants meticulously manicured to remove every faded flower to the end of the season will be sadly frustrated in their urges to perpetuate themselves.

Neither do man-made hybrids work well for a self-perpetuating flower bed. Any seed that does form on such hybrid plants, if it germinates at all, will yield plants and flowers that are throwbacks to traits in their ancestry. This is surely not a disaster in a "gift" flower bed. Still, it's the old-fashioned, open-pollinated sorts of hardy flowers that shine at reincarnating themselves with comfort and precision.

TOMATOES FOR DRYING

Dried tomato halves or slices are quite the current rage for use in winter salads, pasta dishes and pizzas. Italian plum, or pasta, tomatoes are best for drying since they are naturally low in juice and

high in pulp. For the most highly concentrated flavor in these tomatoes, plant in a fully sunny, warm site and give the plants a fertile, humusy soil.

San Marzano and Roma are longstanding favorite and often recommended Italian plum tomato varieties. But where the season is cool or short, select from among the earlier paste tomatoes. Nova is an example.

Bellestar is a new, large-fruited plum tomato developed in Ontario. I've not grown it yet, but the fruits are described in catalogs that I respect as being very flavorful.

One of the sources is Johnny's Selected Seeds, a company that tests varieties rigorously before listing them. The address for Johnny's is Foss Hill Road, Albion, ME 04910. The catalog is free.

Also carrying Bellestar is Stokes Seeds, P.O. Box 548, Buffalo, NY 14240 or Box 10, St. Catharines, Ontario, Canada, L2R 6R6. The catalog is free.

SHADE

Many people consider shade to be a problem. But actually some of the loveliest garden plants thrive in shade. You will find local garden outlets responding this spring to the increasing demand for shade plants.

There will be more varieties of hosta (plantain lily) than ever be-

fore. These are easy-care plants with highly decorative, tropical foliage. Ferns are another easy-care shade plant.

Feathery-flowered astilbes, lily-of-the-valley and Solomon's seal with its arching sprays of little white bells are more examples of choice shade plants.

You will find three kinds of bleeding heart in many outlets — the regular pink and a dwarf variety as well as a white-flowering one.

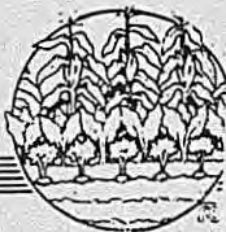
An excellent woodland shade plant is wild ginger (*Asarum*), notable mainly for its deep glossy green heart-shaped foliage.

The bergenias are imposing spring flowering plants with imposing spikes of pink or white flowers. Their large leathery foliage is striking as well.

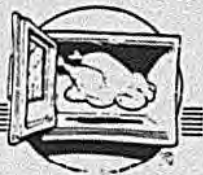
A sweet little plant is liverleaf (*Hepatica*), which grows in a neat rosette of dainty foliage above which appears a cloud of pale lavender flowers early in the spring.

Lungwort (*Pulmonaria*) is a well-known and highly valued shade plant with sky blue, milk white or pinkish red flowers in spring. One variety has silver spotted foliage.

All these plants benefit from a layer of damp peat moss mixed with compost or compost manure placed over the root area as growth begins at winter's end, to help maintain high levels of humus and moisture in the soil.



By Desiree Vivea



Succulent sausage from your microwave

I once ran across a newspaper article that suggested, "If you want to see something sickening, cook sausage in a microwave ... it comes out gray."

Well, yeah, it does. Tastes fine, but doesn't look so hot.

One solution is to brush link sausages with a browning agent (equal parts water and brown bouquet sauced works well) or cook on a microwave-safe browning grill for more appetizing color.

Browning dish: To microwave sausage patties or links in a browning dish, preheat utensil according to manufacturer's instructions. Add sausages or patties and microwave on HIGH setting three to five minutes for four sausage patties, 1½ to 2½ minutes for four uncooked sausage links. Turn over halfway through cooking time.

To microwave sausage patties: arrange six sausage patties (½- to ¾-inch thick) on a roasting rack. Brush with equal parts brown bouquet sauce and water. Cover with waxed paper and microwave on HIGH setting two minutes; turn over and brush with browning mixture. Cover and microwave two to three minutes longer. Let stand several minutes before serving.

Bulk sausage microwaves as quickly as ground beef, and spicy Italian sausage can be a tasty change of pace in your favorite microwave spaghetti sauce.

To defrost 1 pound of frozen raw bulk sausage, place in a 1-quart microwave-safe casserole and microwave three minutes at DEFROST (30 percent power) setting. Let stand three to five minutes. Scrape off any thawed portions, break up block, and return to oven for one to three minutes longer; let stand several minutes before checking.

To micro-cook 1 pound raw bulk sausage, crumble into a 1-quart microwave-safe casserole. Microwave on HIGH setting three minutes; stir and microwave one to three minutes longer. Drain off fat and break up large chunks with the back of a spoon.

Frankfurters: Place franks on a paper plate and cover with waxed paper. Score in diagonal slashes or pierce in several places with a fork before microwaving, to prevent exploding. Four regular size wieners (10 to 12 per pound) will microwave on HIGH setting in one to two minutes for two, three to four minutes for four, four to six minutes for six to eight wieners.

To microwave frank in bun, place wiener in bun. Wrap in a paper towel and microwave on HIGH setting 1½ to two minutes for one, two to three minutes for four. Rearrange halfway through cooking time.

Polska kielbasa and other larger-size sausages like bratwurst are fully cooked, like franks, but

because they're larger they will take longer to heat. Place 1 pound of sausage(s) in casserole with ½ cup water, cover, and microwave at HIGH setting until heated through, about six to nine minutes per pound. Turn over halfway through cooking time.

(Recipes in this column are tested in 625- to 700-watt microwave ovens.)

MICRO-TIP OF THE WEEK

To heat a 5-ounce can of cocktail sausages, place in a microwave-safe 1-quart casserole. Cover and microwave at MEDIUM-HIGH (70 percent power) setting 1½ to 2½ minutes. Turn into serving dish and serve with toothpicks.

OVERNIGHT SAUSAGE-LENTIL SOUP

- 1 cup dried lentils, rinsed
- 6 cups hot water
- 1 (6-ounce) can tomato sauce
- ½ pound smoked sausage, cut into ½-inch-thick slices
- 1 carrot, shredded
- ½ cup diced celery, plus leaves
- 1 large clove garlic, minced
- ¼ teaspoon each salt, pepper and paprika
- 1 small bay leaf

Yields 4 servings.

Preparation time: 10 to 15 minutes.

Cooking time: 60 minutes (plus overnight soak).

Oven setting: HIGH (100 percent power)

Combine lentils and 4 cups of the water in 3-quart microwave-safe casserole. Cover and let stand at room temperature overnight.

Add tomato sauce, sausage, carrot, celery, garlic and seasonings. Cover and microwave 1 hour, stirring twice, until lentils and vegetables are tender. Stir in remaining 2 cups of hot water and remove bay leaf just before serving.

COMPANY BRUNCH BAKE

- 1 (12-ounce) package seasoned bulk pork sausage
- ¼ cup chopped onion
- 8 eggs
- ½ cup milk
- ¼ teaspoon dried parsley flakes
- ¼ teaspoon each salt and pepper
- 1 (4-ounce) can mushroom stems and pieces
- 1½ cups shredded longhorn cheddar cheese

Yields 4 servings.

Preparation time: 10 to 15 minutes.

Cooking time: 16 to 24 minutes (plus 5 minutes standing time).

Oven setting: HIGH (100 percent power); MEDIUM (50 percent power).

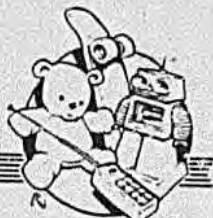
Crumble sausage into 10-inch, microwave-safe browning skillet

(do not preheat); add onion. Cover and microwave at HIGH setting 3 to 5 minutes, or until meat is no longer pink, stirring every 2 minutes. Spoon off grease, then break cooked sausage into small pieces. Spread cooked crumbled sausage over bottom of browning dish.

In medium-size microwave-safe mixing bowl beat together eggs, milk, parsley flakes, salt and pepper. Cover bowl with waxed paper and microwave at MEDIUM setting 5 to 8 minutes, stirring every 2 minutes, until eggs are set but still very moist. Stir in mushrooms and shredded cheese.

Pour mixture over sausage.

Cover and microwave at MEDIUM setting 8 to 11 minutes, or until center is set but top is still slightly moist, rotating dish ¼ turn every 4 minutes (if oven does not have automatic rotation). Let stand, covered, 5 minutes before serving.



Our Children

Son ignores Dad's good jogging advice

By Willard Abraham, Ph.D.

Q. I have a stubborn son whom I love more than life itself, but as a deeply concerned father I need your help.

He is an energetic, pretty level-headed 12-year-old who likes to go jogging with me. It can be a lot of fun for both of us, but lately he has been driving me crazy because he just won't listen to me.

I wear light-colored clothes, wear reflectors on my shoes after dark, and stick to sidewalks. He tosses all caution to the winds with his dark outfits, ridicule of reflectors, and often darting out into the streets.

Can you see why I'm upset with him?

A. Of course I can, because common sense is certainly on your side. He is obviously in serious danger due to his refusal to take the kind of precautions that you do.

It may be helpful for you to threaten (and follow through on the threat if necessary) to end your jogging with him if he won't utilize the practical factors you mentioned. If he enjoys being with you enough, he may begin to listen.

If he doesn't you might have to consider limiting other privileges he has that are important to him. I hope that won't be necessary, but it may be a step you will have to take.

A third approach could involve another person whom he respects, like a school counselor, a favorite teacher, or a special friend or relative.

Good luck, and please write again and let me know what progress you make.

Q. My sister has a baby she worries about, unnecessarily, I think. Because she won't listen to me, I'm writing to you. Perhaps she will listen to you. I hope so.

She is concerned about the baby's feet, and thinks this infant

needs some foot correction but is afraid to get it. The baby's toes seem to turn in and his feet look kind of flat.

I don't think he has a problem. I know it is sometimes dangerous to think that a child will grow out of it when delay can lead to something bad, but is this that kind of situation? Please tell me.

A recent bulletin from the American Academy of Pediatrics (taken from the winter 1991 issue of their *Healthy Kids, Birth-5*) states that both characteristics you mentioned are quite common in babies. They add that "braces, shoes and orthotics (corrective devices fitted to a person's foot) are often unnecessary and painful."

The answer is usually "No" to whether "intoeing" is a sign of

problems to come or flat feet will hinder a child's ability to walk. Because in rare instances these occurrences could indicate a problem you might want to encourage your sister to consult her pediatrician.

This published release from the academy also includes a few child foot-care tips that may be of value to other parents.

- Keep a child's feet clean, dry and warm to prevent infection.

- Avoid using booties and socks that are too tight, and try not to restrict leg movement so the child can kick, stretch and flex.

- Cover the baby's feet with cotton socks, which absorb moisture better than synthetic materials.

- Keep a baby barefoot indoors when he or she is learning to walk; babies use their toes to grip the floor and maintain their balance.

- Avoid walkers, which prompt serious injuries and often cause a child to spend too much time on tiptoes.

Cooking Corner



Breads enjoying fresh popularity

By Linda Susan Dudley

American consumers are eating more bread each year, and consumption is predicted to increase annually through 1996, according to the industry weekly, *Milling & Baking News*.

Two other interesting facts are emerging from the statistics, said Gordon L. Davidson, editor of the Kansas City, Mo.-based publication.

First, bread consumers are closing the gap between white bread and all the other breads (called variety breads). We still eat more white bread but an ever-increasing amount of other breads, too.

Second, per capita consumption of frozen bakery foods dropped almost 5 percent last year, continuing a trend that began in 1982, according to Davidson.

The bottom line is we want our bakery products fresh, it seems, yet the idea of working with yeast scares many cooks so much that they never attempt to bake bread at home.

Yeast breads often are considered difficult because they have the reputation of being risky and there's the extra work of kneading the dough.

Kneading should be done on a lightly floured surface, a board or countertop, add a little more flour if the dough remains sticky. Knead eight to 10 minutes until smooth and elastic. The dough should have tiny air bubbles under the surface.

Here are some bread-baking tips.

- Turn the dough onto the lightly floured surface. With lightly floured hands, shape the dough into a ball and fold it toward you.

- With the heels of your hands, using a rolling motion, push it away. Give the dough a quarter of a turn.

- Knead eight to 10 minutes, dough should no longer stick and will be ready for a second rising as recipe directs.

- Assemble all the needed ingredients and measure them accurately. Too little flour or too much liquid or yeast can greatly affect the quality of the bread.

- Be sure that the temperature of your oven is accurate. It sometimes happens that an oven will be 10 to 25 degrees off.

- Follow the recipe.

Baking experts say the main causes of home bread-baking failures are over-rising, under-kneading or jarring the risen bread.

The secret to working with yeast is in the proofing. Water should be 110 degrees Fahrenheit — warm to the touch but not hot. You should be able to run it over your wrist without the skin turning red.

The temperature of the water is going to be reduced if you put it in a cold measuring cup and bowl. Warm them up ahead of time with warm water.

When the temperature outside is cool, yeast breads can take quite a while to rise. During cool weather, an alternative is to turn the oven on warm, cover the bread loosely with plastic wrap and a clean dish towel and leave it to rise for 50 minutes. Remove the bread, preheat the oven to 350 F and bake the loaf.

HONEY-WHEAT RAISIN BREAD

- 1 1/4 cups whole-wheat flour
- 1/2 cup all-purpose flour
- 1/4 cup uncooked, unprocessed oat bran
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup non-fat buttermilk
- 1/4 cup skim milk
- 1/2 cup honey
- 1 egg, beaten
- 3 tablespoons corn oil margarine, melted
- 1/2 cup chopped walnuts
- 1/2 cup raisins

Yields 16 slices.

Combine flours, oat bran, baking powder, soda and salt in large bowl; make well in center of mixture. Combine buttermilk and next 4 ingredients, stirring until well blended; add to dry ingredients, stirring just until moistened. Fold in walnuts and raisins.

Spoon batter into 8 1/2 x 4 1/2 x 3-inch loaf pan coated with cooking spray. Bake at 375 F for 50 minutes or until a wooden pick inserted in center comes out clean. Cool bread in pan 10 minutes. Remove from pan and cool completely on wire rack.

This well-known recipe won a prize in a Pillsbury Bake-Off.

DILLY CASSEROLE BREAD

- 2 to 2 1/2 cups all-purpose or unbleached flour
- 2 tablespoons sugar
- 2 to 3 teaspoons instant minced onion
- 2 teaspoons dill seed
- 1 teaspoon salt
- 1/4 teaspoon baking soda
- 1 package active dry yeast
- 1/4 cup water
- 1 tablespoon margarine or butter
- 1 (8-ounce) carton (1 cup) creamed cottage cheese
- 1 egg
- Margarine or butter, melted
- Coarse salt, if desired

Yields 18 slices. Lightly spoon flour into measuring cup, level off. In large bowl,

combine 1 cup flour, sugar, instant minced onion, dill seed, 1 teaspoon salt, baking soda and yeast; blend well. In small saucepan, heat water, 1 tablespoon margarine and cottage cheese until very warm (120 to 130 F). Add warm liquid and egg to flour mixture. Blend at low speed until moistened, beat 3 minutes at medium speed. By hand, stir in remaining 1 to 1 1/2 cups flour to form a stiff batter. Cover loosely with plastic wrap and cloth towel.

Let rise in warm place (80 to 85 F) until light and doubled in size, 45 to 60 minutes.

Generously grease 1 1/2 or 2-quart casserole. Stir down dough to remove all air bubbles. Turn into greased casserole. Cover, let rise in warm place until light and doubled in size, 30 to 45 minutes.

Heat oven to 350 F. Uncover dough. Bake 30 to 40 minutes or until deep golden brown and loaf sounds hollow when lightly tapped. Remove from casserole immediately; cool on wire rack. Brush warm loaf with melted margarine; sprinkle with coarse salt.

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The following recipes are from "1991 Best-Recipes Yearbook," published by Better Homes & Gardens.

WHOLE-WHEAT BRIOCHE

- 1 package active dry yeast
- 1 cup warm water (105 F to 115 F)
- 1/2 cup margarine or butter
- 1/2 cup packed brown sugar
- 1/2 teaspoon salt
- 3 cups all-purpose flour
- 3 eggs
- 1 1/4 cups whole-wheat flour
- 24 whole almonds
- 1 egg white
- 1 tablespoon water

Yields 30 rolls.

In small mixing bowl, soften yeast in 1/4 cup of warm water.

In large mixer bowl, beat margarine or butter, brown sugar and salt with electric mixer until fluffy. Add remaining warm water, 1 cup all-purpose flour and whole eggs. Beat well. Add softened yeast and beat well. Using a spoon, stir in remaining all-purpose flour and whole-wheat flour until dough is smooth.

Place in greased bowl. Cover; let rise in warm place until double (about 2 hours). Punch down. Cover with plastic wrap. Chill 2 to 24 hours.

Punch dough down. Turn out onto a lightly floured surface. Cut dough into 6 portions; cut each portion into 5 pieces. With floured hands, shape each piece into a ball. (You will have 30 balls of dough.)

Place rolls into greased muffin pans or individual brioche pans. Using a sharp knife, cut a little slit in top of each roll. Place 1 almond sideways into each slit. Cover; let rise in warm place for 30 minutes.

In small mixing bowl combine egg white and the 1 tablespoon of water. Brush over tops of rolls and almonds.

Bake in 425 F oven for 12 to 15 minutes or till rolls sound hollow when tapped. Remove from pans. Cool on wire rack.

Note: For variety, omit almonds on top and instead sprinkle with poppy seed or caraway seed after brushing with egg white mixture.

DOUBLE-OAT BUBBLE BREAD

- 1 1/2 cups water
- 1/4 cup regular rolled oats
- 4 1/2 to 5 cups all-purpose flour
- 2 packages active dry yeast
- 1/4 cup milk
- 1/4 cup margarine or butter
- 2 tablespoons sugar
- 1 teaspoon salt
- 2 eggs
- 1 1/2 cups oat bran
- 1/2 cup molasses
- Rolled oats, poppy seeds or sesame seeds

Yields 2 loaves, 9 or 10 servings each.

In medium saucepan, bring water to boiling; add 1/4 cup rolled oats. Reduce heat; simmer, uncovered, about 8 minutes or until water is nearly absorbed by oats. Cover saucepan. Let stand for 10 minutes. Uncover and cool cooked oats to lukewarm.

In large mixer bowl, stir together 1 1/2 cups of flour and the yeast; set mixture aside.

In small saucepan, heat and stir milk, margarine or butter, sugar and salt just until warm (120 F to 130 F) and margarine or butter is almost melted. Add to flour mixture. Add eggs. Beat with electric mixer on low speed for 30 seconds, scraping sides of bowl constantly.

Continued On PAGE 17A

KITCHEN HINTS

Recipes often specify clarified butter

No special equipment necessary.

Here's the classic way to make it:

1. In small pot, slowly heat butter until foamy. Let stand 3 minutes to settle milk solids.
2. Spoon off froth that rises to top. Carefully pour clarified liquid butter into another container; milky residue remains — discard.
3. Clarified butter does not burn in frying; makes perfect Hollandaise sauce; is terrific with lobsters.





Versatile ham

By Melanie Barnard and Brooke Dojny

While we don't really agree that the definition of eternity is "two people and a ham," we are, on the other hand, very grateful for the wide choice of precut and prepackaged ham options available these days.

A whole or half ham is perfect for large holiday gatherings and, frankly, we love the leftovers, but if you don't happen to have them, it's wonderfully convenient to cook a smoked ham steak or Canadian bacon.

Both now come sealed in Cryovac plastic so that their shelf life is long and, since they are fully cooked, all you really need to do is heat and eat.

Ham steaks, usually sold in 1-pound slices, are the perfect portion size for four people. This recipe for Ham Steaks with Red-Eye Cream Gravy is particularly delicious. The steaks are sauteed until tinged with caramelized brown edges and the skillet is then deglazed with a little bourbon, some strong coffee, and finished with cream.

This Southern specialty is just about the slicest thing we know to do to a ham steak. Offer buttery noodles and spears of steamed broccolini as an accompaniment.

Canadian bacon, or smoked loin of pork, contains little fat, so don't expect it to crinkle up and get crisp when cooked like regular streaky bacon. It's nice with eggs for breakfast, but we also love it for dinner.

We've devised this Hot Ham and Cheese Sandwich by quickly sauteeing the ham and layering it on a lightly toasted English muffin and topping it with a cheddar cheese sauce. The sandwich is showered with scallions and run under the broiler to emerge browned and bubbly.

When Brooke tested this and served it up with sliced tomatoes and coleslaw for supper, she was beset with requests to make it again very soon!

HAM STEAKS WITH RED-EYE CREAM GRAVY

- 1 pound ham steak, cut into 8 pieces
- 2 tablespoons butter
- ½ cup brewed coffee (can be instant)
- 2 tablespoons bourbon
- ½ cup heavy cream
- ¼ teaspoon coarsely ground black pepper

Yields 4 servings.
Preparation and cooking time: 20 minutes.

Rinse ham steaks to remove excess salt and dry on paper towels.

Heat butter in large skillet. Cook ham steaks over medium heat for about 3 minutes per side,

until tinged with brown. Remove to warm platter or plates. Do not wash skillet.

Combine coffee and bourbon and pour into skillet. Cook uncovered over medium-high heat for 2 minutes, scraping up any browned bits that are stuck to bottom of skillet. Add cream and simmer for another 3 minutes or until sauce is lightly thickened. Season with pepper.

To serve, spoon sauce over ham.

HOT HAM AND CHEESE SANDWICHES ON ENGLISH MUFFINS

Cheddar sauce:

- 2 tablespoons butter
- 2 tablespoons flour
- 1 cup milk
- 1 tablespoon sherry
- ¼ teaspoon cayenne pepper
- 1 cup (4 ounces) grated cheddar cheese

Ham sandwiches:

- 2 tablespoons butter
- 8 ounces Canadian bacon (about 16 thin slices), or other smoked ham
- 4 English muffins, split
- Softened butter
- Dijon mustard
- ½ cup thinly sliced scallions, including some green tops

Yields 4 servings.
Preparation and cooking time: 35 minutes.

To make the sauce, heat butter in heavy saucepan. Stir in flour and cook, stirring, over medium heat for 2 minutes until bubbly and pale gold. Whisk in milk, raise heat to medium high and cook, whisking, until sauce comes to the boil.

Cook for 1 minute. Remove from heat and stir in sherry, cayenne and add the cheese, stirring until cheese melts. Set aside. (Can be made ahead. Place sheet of plastic wrap directly on surface if made more than 30 minutes ahead. Rewhisk over very low heat if cold.)

To make sandwiches, heat butter in large skillet. Cook Canadian bacon over medium-high heat for about 2 minutes per side, until lightly browned around edges.

Meanwhile, preheat the broiler. Arrange muffins cut sides up on baking sheet. Place under broiler to lightly toast cut sides. Spread lightly with softened butter and mustard.

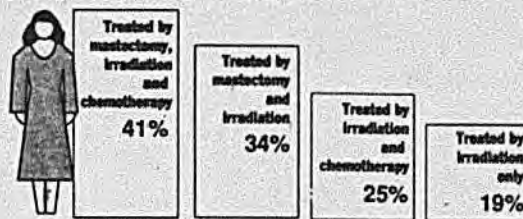
Divide ham among muffin halves and spoon cheese sauce over ham. Sprinkle with scallions and run under broiler again until sauce is slightly browned and bubbly, about 30 seconds.

HEALTH WATCH

Three-way therapy preferred for some breast cancers

A recent study found that a combined approach, using surgery (mastectomy), irradiation and chemotherapy is most effective when treating the locally advanced breast cancer known as Stage III.

Cancer-free after five years by type treatment used:



SOURCE: Washington University (St. Louis) School of Medicine

TRAVEL TIPS

How business travelers can fly at super-saver fares without a Saturday night stay

Super-saver fares offer significant savings over standard coach fares, but require a Saturday night stay, an inconvenience to many business travelers.

Here's a simple way to use super-saver fares on frequently scheduled business trips by ticket splitting:

1. Book two super-saver trips at once.
2. Schedule one of the trips from your home city to the destination city, the other trip from the destination city to your home city.
3. The trip from the destination city to your home city should originate on the day you want to return from trip one. Use the outbound portion of this ticket as RETURN booking for the first trip.
4. Use the return portion of the second trip to fly back to the destination city. Return home on this trip by using the return portion of the first trip ticket.

SOURCE: Best Fares magazine

SMART MONEY

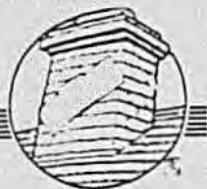
1991 federal income tax rates

According to the accounting firm of Coopers & Lybrand, only the biggest money-makers will need to rethink tax strategies. In fact, new tax law shouldn't cause any real change in taxes for those who make under \$100,000 a year.

Form 1040		Internal Revenue Service	
Label		Income Tax Form	
Use IRS label. Otherwise, please print or type.		MARRIED FILING JOINTLY	
Taxable Income:		Tax rate:	
up to \$34,000		15%	
\$34,001 to \$82,150		28%	
\$82,151 and above		31%	
SINGLE			
Taxable Income:		Tax rate:	
up to \$20,350		15%	
\$20,351 to \$49,300		28%	
\$49,301 and above		31%	

SOURCES: IRS and Consumers Digest magazine
Do you want to save your spouse?

Here's How



By Gene Gary

Q. We have a two-story town house. The upper level (where the bedrooms are) has an annoying squeak in the flooring.

Is there any way this can be corrected?

I would particularly like to know if something can be done without removing the wall-to-wall carpeting.

A. It is very likely that loose floorboards are causing the problem and need to be resecured to the subflooring.

Finished wood flooring is comprised of planks nailed or screwed into the floor. Squeaks result when two loose floorboards are stepped on and rub together.

However, in today's modern construction it is a common practice to install carpeting directly on subflooring, which is made of lumber or plywood sheets supported by beams called joists. These joists are usually spaced 16 inches apart.

Subflooring that has dried out or warped and pulled away from the joists can also cause squeaks.

You can try to remedy the situation without removing the carpeting. First, isolate the noisy spots. Have an assistant help you by walking around on the floor, while you listen for the squeaks.

In the area of the squeaks, use 2-inch ring-shank finishing nails to secure the loose flooring strips to the subflooring. You can hammer the nail right through the carpeting and use a nail set to drive the head flush with the floorboard. The nail hole in the carpet should be undetectable.

If you suspect that the subflooring, rather than the finishing flooring is loose, toenail from above into the joist or beam that is under the saddle.

Toenailing is a term describing the method of driving two nails into the joist at an angle crossing each other, so that they form a

"V." This gives the nails a much better grip than if they were driven in at a straight angle. The nails should be spaced an inch or two apart. Hammer the nails most of the way in, then countersink the nail heads.

If loosening of floorboards or subflooring is extensive, it will be best to remove the carpeting. This will give you a better opportunity to inspect the condition of the flooring, as well as pinpoint the exact area of squeaks. It will also be easier to locate joists.

To locate joists use a block of wood and a hammer, and tap along the surface of the floor. The sound will be dull and hollow; when it sounds more solid, you are over a joist. It is difficult to do this when the floor is covered with carpeting.

Q. I have a problem with the putty between the bathtub and the wall tiles. It is crumbling, and what looks like rust shows at the tub's rim that meets the tile.

I tried putting a white plastic strip over the area, but I am not happy with the results. Can you recommend how this should be repaired?

A. Remove the plastic strip.

Then scrape out the crumbling caulking with a screwdriver or razor blade knife. Be careful not to scratch or chip the tile. Any remaining residue can be removed with paint thinner.

Remove the rust stain with a commercial rust remover. Solvents such as paint thinner and rust removers should not be used on fiberglass, and any scraping on fiberglass should be done carefully with a plastic scraper, not metal.

When the old caulking has been removed, fill the joint with a bead of acrylic latex or silicone-base tub and tile caulk. Smooth the caulk by moistening your finger and running it along the bead.

Any excess caulk should be cleaned up immediately with a damp cloth.



KITCHEN KIDS



Pizza possibilities

By Rena Coyle

Pizza is almost every kid's favorite food. Short of buying a slice of pizza from a store, getting to eat a pizza as soon as the mood hits might seem tough.

To make the traditional bread-dough crust takes time. The dough needs to develop and the yeast needs time to rise. All this can take hours.

There is good news for families who enjoy making homemade pizzas. There is a crust made from scratch that won't take hours to make, only minutes.

This first recipe doesn't wait around for the yeast to develop, it eliminates the yeast completely. Baking powder is its substitute. The baking powder crust won't be as crispy as ones made with bread dough, but when your family is hungry and, in a hurry for that homemade pizza, this is the pizza dough recipe that will do the trick.

For those kids so hungry there is no time at all to make a crust, then the pita pizza is their answer. Your kids can make the pita pizzas after school in just a few minutes.

They will pile their favorite pizza toppings high on top of a pita bread. Then the pizzas are just baked or microwaved. For kids, where speed and hunger are the issues, the pita pizzas can't be beat.

JIFFY PIZZA

½ cup olive oil
1 cup plus 2 tablespoons flour
½ teaspoon salt
1 tablespoon baking powder
½ cup water
1 recipe of pizza sauce
1 cup grated mozzarella cheese

Utensils: Measuring cups and spoons, 2 mixing bowls, mixing spoon, 12-inch round baking sheet or cookie sheet, oven mitts, cooling rack, sharp knife, spatula.

Yields 12-inch pizza.

Preparation time: 20 minutes.

Baking time: 15 minutes.

Preheat oven to 425 F. Dab paper towel with a tablespoon of oil and rub evenly over baking sheet; set aside.

In mixing bowl, combine flour, salt and baking powder. Toss together with fork and set aside.

In other mixing bowl, combine 3 tablespoons olive oil and water. Pour this mixture into flour and blend. If dough becomes too hard to blend with spoon, use your hands.

When mixture becomes dough, scoop it out of bowl onto counter. Continue to work dough by pressing and pushing it with heels of your hands. Work dough until it becomes smooth and pliable.

Put dough in center of baking sheet and with your fingers, press dough into corners. If dough breaks, just squeeze hole back together.

Brush remaining olive oil over surface of dough. Spread pizza sauce over crust, using as much or little as you like. Sprinkle cheese evenly over dough.

With oven mitts on, put baking pan in oven and bake pizza for 15 minutes. Once crust is browned and cheese melted, turn oven off and carefully remove baking pan and set it on cooling rack.

Cut pizza into bite-size pieces and serve while still hot.

INSTANT PIZZA SAUCE

1 small can tomato puree (2 cups)
1 tablespoon water
3 tablespoons olive oil
½ teaspoon dried oregano

Utensils: Can opener, saucepan, mixing spoon, measuring cups and spoons.

Yields 2½ cups.

Preparation time: 10 minutes.

Cooking time: 4 minutes.

Open can of tomato puree and scoop it into saucepan. Add water, olive oil and oregano. Put on stove and heat on medium. Once it begins to simmer, cook 3 minutes.

Turn stove off and let sauce cool to room temperature before spreading it over pizza dough.

ZIPPY PITA PIZZAS

2 whole-wheat pitas
2 ripe tomatoes
Salt and pepper
¼ teaspoon dried oregano
¼ teaspoon dried basil
4 thin slices smoked ham
½ cup grated mozzarella cheese

Utensils: Scissors, cookie sheet, paper towels, cutting board, sharp knife, measuring cups and spoons, mixing bowl, oven mitts.

Yields 4 pizzas.

Preparation time: 5 minutes.

Baking time: 15 minutes or microwave time: 1 minute.

Preheat oven to 425 F.

Using scissors, cut pitas around outside edge. You will end up with 2 pita circles from each pita bread. Set aside.

Rinse tomatoes under cold running water and pat dry with paper towel. Place tomatoes on cutting board and with sharp knife, cut each tomato in half. Place each half, flat side down, on board and trim off core. Then cut tomatoes into thin slices. Place tomato slices in mixing bowl.

Add sprinkle of salt and pepper as well as oregano and basil to tomatoes. Lightly toss with your hands.

Arrange tomato slices over rough side of pita circles. Top with slice of ham, then cover with cheese.

Put pizzas on cookie sheet. With oven mitts on, put cookie sheet in oven and bake pizzas for 15 minutes or microwave for 1 minute, or until cheese has melted.

Turn oven off and, with oven mitts on, carefully remove cookie sheet and place it on heat-proof surface to cool slightly before serving.



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TUESDAY
12 NOON

ONE AD APPEARS IN 8 LOCAL NEWSPAPERS FOR ONLY \$10.75

- Garden City News • Call 294-8900
- Great Neck News
- Mid Island Times • Bethpage Newsgram
- Syosset Advance • Jericho News Journal
- Call 931-0012
- Williston Times • Mineola Edition
- New Hyde Park Herald Courier
- Call 746-0240

NOW after 2 p.m. phone in your ad 24 hours a day to our special after hours ad number. You can phone your ad 24 hours a day and it will appear in the next issue of the paper (up to the 12 noon deadline for week of publication). If you miss the hours of our regular ad takers at any of the above numbers call 746-0240 and give your ad 24 HOURS A DAY.

Help Wanted

BUSY DERMATOLOGY practice needs energetic medical assistant. Call 747-2230 Mon. thru Fri., 9 to 5:30. wm5

TELEPHONE SOLICITOR to work at home. Leads furnished, good compensation, permanent immediate opening. Mr. Morgan, 931-0012.

PERSONS WANTED TO COVER meetings in Great Neck, Garden City, New Hyde Park, Williston Park, Syosset, and Bethpage for local weekly newspapers on stipend assignment basis. Call 931-0012 for more information.

MOTHER'S HELPER Responsible teenager wanted in my E. Williston home, few days after school & weekend to care for two children, ages 2 & 4. Please call 746-7890. wAp2

DELI HELP WANTED MON.-FRI 11-5. Reliable person, Garden City area. Call Rob 741-0224. gcm5

LOCAL LANDSCAPER LOOKING for hard working, reliable help. Call 437-7579 before 5 p.m. Leave message on machine. gcm5

P/T MATURE DEPENDABLE babysitter wanted: Must have own transportation. References a must. Flexible hours. 248-5487. ap2

REAL ESTATE SALES. WELL established real estate office looking for sales agent. Experience preferred but not necessary. Ask for R. Valentine. Valentine Agency, 746-7200. Wa2

DAY BABYSITTER WANTED Steady hours, two to three days a week. 3 1/2 and 1 yr. old children. English a Must - own transportation (Manhasset), 627-9280. ap3

Help Wanted

ART LAYOUT PERSON needed 20 hours per week. Experience helpful but will train someone willing to learn. Must be available Mon. through Wed. 931-0012. Please do not call unless seriously looking to work. htfN

SECURITY GUARDS P/T Pleasant surroundings. Ideal for senior citizen. Weekends only. All others need not apply. Days 582-4745, evenings and weekends 549-9094. wm5

ART LAYOUT PERSON experienced, 20 hours per week. Looking for someone to work permanent part time only. 931-0012. Immediate opening.

START \$6.80 HOUR your area. No Experience necessary. For information call 1-900-226-9399, ext. 1476, 6 a.m. - 8 p.m. 7 days. \$12.95 phone fee. hhm5

P/T FILE CLERK NEEDED for Williston Park law firm. Flexible hours. Returns welcome. Call Ruth, 248-1200. wM5

HOUSEKEEPER / BABYSITTER live in. Five days for 3 1/2 & 1 year old at home. Own room, bath TV. 627-9280. (Manhasset) References & English a must. wAp3

TEACHERS WANTED TO Tutor: Chemistry, Mathematics, or Social Studies. Call (516) 741-3550. hA2

PAINTER/WORKER WANTED: Must be hard worker, experience preferred. Knowledge of painting and plastering helpful. Must be neat, clean and dependable. Part time work possibly leading to full time. Car helpful, but not necessary. (516) 248-3045. W-M-5

MATURE PERSON NEEDED TO babysit for 3 yr. old & infant Sat. eves. Jericho area. References. 938-6168. Call before 9 p.m. hA1

Help Wanted

TELEPHONE COMPANY JOBS Start \$7.80/hr., your area. Men and women needed. No experience necessary. For information, call 1-900-226-2022, ext. 5791. 6 a.m. - 8 p.m. - 7 days - \$12.95 fee. hA1

ADVERTISING SALES Opening for energetic person in Great Neck area. 20 hours or more per week. Some experience helpful. Good earning potential based on salary plus. If you are seriously interested in finding long-term employment, please call 931-0012. htfN

TELLER MARKETER P/T evenings for mortgage company in Garden City. Need persistent, positive individual with good phone manner. Hourly plus incentives. Call 248-8275. gCp1

PLAYFUL 3-MONTH OLD looking for baby sitter. Approximately 8:30 a.m. - 3:30 p.m., Mon.-Fri., Garden City area. English speaking, experience & references required. 565-3991. gCp3

P/T CLERICAL - TYPING and filing. Flexible hours. Mitchel Field Area. Call (516) 745-0800 ext. 307. wm5

MOTHER'S HELPER responsible teenager, few days after school and weekends to care for two children, ages 2 and 4. Please call 746-7890. W-AP-2

MOTHERS HELPER FOR summer. Approx. 30 hrs. per week. Must be member of Garden City pool. Available for occasional evening babysitting. 747-6614. hhm5

SECRETARY P/T, 12-5 P.M., Mon.-Fri. Insurance adjuster's office in Garden City. General office duties to include typing & word processing. Call Dot 11-5 p.m. daily 222-0088. gcm5

RETIREE P/T, MUNDER'S Hardware, 316 Hillside Ave., Williston Park, 746-1075. wA1

BABYSITTER NEEDED TO care for new born infant in my Garden City home until end of June. Non-smoker & references. English speaking. Mon.-Fri. 746-5573. gcm5

HOUSECLEANER AVAILABLE Experience & references. Garden City and surrounding areas. Call 538-1713 all week. gCp2

EXTREMELY BUSY OFFICE needs experienced Sales Agent. Call Bernice Rossi, Molloy Realty 747-2010 or 294-9112. gCmR5

Help Wanted

GARDENER'S HELPER NEEDED. Approx. 6 hrs. weekly. Reliable, hard worker. Experience preferred but not necessary. Retiree OK. 741-6833. leave message. wAp1

\$40,000/YR. READ BOOKS & TV scripts. Fill out simple "like/don't like" form. Easy. Fun, relaxing at home, beach, vacations. Guaranteed paycheck. Free 24 hr. recording 801-379-2925 ext. NY49HEB. hmy1

Situation Wanted

COMPANION, COOK, LOCAL driving and practical nursing by middle age widow, former resident of village of Garden City. Gentlemen or couple preferred. References. Call 10 a.m. - 1 p.m. or 6-9 p.m. 747-5414. gCp2

MY SITTER SEEKS TEMPORARY child care position. April through mid June. 2 years experience. Kathy 746-5194. gCp2

NURSE'S AIDE AVAILABLE 5 days per week, live out. Experienced. References available. 481-6366. gCp3

MOTHER'S HELPER: IRISH high school student, live in. June 10-August 18. Non-driver. Excellent references. Leave message. 378-5618. gCp3

LET US CLEAN YOUR HOUSE from top to bottom. Reasonable rates. Call Erin 674-0892 & Gina 676-6843. gCp3

CLEANING LADY WORKING IN area, looking for housework for Tuesday morning. Mineola, Williston Park, Albertson, Scarsington & Roslyn. Walking distance to Willis Ave. Contact after 6 p.m. 746-3967. wAp1

EUROPEAN YOUNG WOMAN is looking for housecleaning. Reliable & very good work. Own transportation. Please call 781-2875. gCp3

IRISH GIRLS AVAILABLE to care for sick & elderly, day or night. Call Helen (718) 962-2830. gCp2

HOUSECLEANER AVAILABLE Morning and afternoon. Own transportation. Experience. 354-7751. gCp2

HOME TYPIST AND BOOK- keeping Services. Experienced, mature & reliable. 486-4451, 486-0257. gCp2

Situations Wanted

HOUSECLEANER AVAILABLE Good reference, good service, own transportation. Call 997-2035. gcm5

HOUSECLEANER/BABY- sitter available Mon.-Sat. Dependable, reliable service. Own transportation. Reasonable fee. Reference available upon request. Call 379-1055. gCp3

HOUSECLEANING AVAILABLE Experience & references, Garden City & surrounding areas. Call 538-1713 all week. gCp3

EXPERIENCED STATE certified Nurse's Aide will take care of your sick or elderly. Part time days, good references available. 481-1953. gCp3

LIVE IN HOUSECLEANER available. 864-1533. gCp3

HOUSECLEANING AVAILABLE Hard working with good references. Own transportation. Call after 7 p.m. 564-4122. gcm5

HOME CARE ATTENDANT/ Companion Live-In or Live-out, 5 days a week, experienced with references. (718) 774-3185. gCmR4

GARDEN CITY OFFICE & House Cleaning Corp. Bonded & insured. Will professionally clean your office or house by experienced people at reasonable rates. Call for free estimate. 248-8690. Leave message. gcm5

POLISH YOUNG WOMAN TO clean house. Hard woker, nice woman, good references. Have transportation. Please call every Fri. 9 a.m. - 1 p.m. 483-0280. gC1

SLEEP IN HOUSEKEEPER Experienced, honest lady. Call any time. 485-4624. gC1

DOMESTIC HELP AVAILABLE Part Time. Please call Dulaski 481-7836 any time. gCmR5

TWO (2) CERTIFIED NURSES wish work with sick or elderly. Available full time days & also evenings. 484-4321. Wm5

WILL BABYSIT YOUR CHILD IN my New Hyde Park home. Mon. thru Fri. References. Full time. 746-7773. wAp2

EF AU PAIR - CHILD CARE affordable, European, live-in child care - 12 months legal program, weekly, average \$165. Call today for our next monthly arrival. 1-800-333-6056. hm5

HOUSEKEEPER WITH HOTEL experience available to clean your house. 564-8180. gcm5

Situations Wanted

MATURE MOTHER AVAILABLE to baby sit in my West Hempstead home. Affordable rates. References available. 565-9018. gcal

HIGH SCHOOL STUDENT available for babysitting or Mother's helper on week days after 3:30 or weekends. 747-7216. gcm5

BABYSITTING - GARDEN CITY mother with older children wanting to babysit occasionally. Preferably daytime. Thank you. 248-5896. gcal

IRISH NANNY AVAILABLE FOR babysitting. Also for weekend housecleaning. Call Caroline 775-2378. gcal

EUROPEAN WOMAN. Domestic help available. Live in or out. Child care housekeeping. English speaking. Own transportation, references & experience. 565-5071. gcal

HOUSEKEEPER LOOKING TO work Mon., Wed., & Fri., 1-6 for same family to cook, clean & iron. Experienced, excellent references. English speaking. Non-smoker, own transportation. 742-1615. gcal

NURSE'S AIDE FULLY EXPERIENCED in hospital, nursing home and private duty, willing to take a long term case. Work hours 11 p.m. - 7 a.m. \$10 an hour. References. 546-2521. gcmYl

P/T RECEPTIONIST / SECY available to work any 3 full days except Thursday, Saturday and Sunday. Personable and dependable. 747-0831. wM4

CHILD CARE AVAILABLE NYS certified early childhood teacher with master's degree will care for your child in my Mineola home. Enriched environment. Playmates. Certified program. Excellent extensive references. 747-5350. wtFn

HOUSECLEANER LOOKING for day work. Experience, English speaking, own transportation, good references. Call 489-9151. Ask for Anna. gcm5

COMPANION/HELPER Errands. Available days, weekends, sleep over, night watcher for ambulatory, elderly person, I am easy going, patient, fun, responsible & honest. Making someone happy is important to me. Will take on outings, doctor appointments, shopping, walk your dog, do laundry, etc. or just a person to talk to. References at St. Thomas, St. Joseph & St. Anne's, 6 yrs. experience in nursing home. I charge \$10 an hr. Rate lower/negotiable for sleep-over. Call Maureen between 3:00 & 5:00 at 481-2305 or on answering machine, 565-5061. West Hempstead. gcal

ATTENTION VACATIONERS would you like to go away and know that your dog or cat is well taken care of? Mature woman who loves animals will give your pet lots of TLC. Fenced in yard. 352-9113. gcmr5

Situations Wanted

BABYSITTER AVAILABLE. Mature woman, any age child in my Mineola home. PT or FT. Call 294-9613. gcm5

TWO PERSONS TO CLEAN houses or offices. We have 3 years experience. Call Glenda or leave message. 538-2145. gcal

SUMMER BABYSITTER AVAILABLE. Experienced & transportation. Flexible for the summer. Garden City area. 747-1113. gcm5

HOUSEKEEPER AVAILABLE Honest and reliable person. Experienced & good references. Call after 3 p.m. 294-8062. gcal

RELIABLE, HARD WORKING Polish girl ready to help with your housecleaning. Own transportation, experience & reference. Leave message when no answer. 221-9720. gcal

Real Estate For Sale

MINEOLA/GARDEN CITY border. Beautiful Brick Colonial. 3 BRs, LR/fpl, FDR & den, new bath, roof & windows, fin. bsmt. with wet bar. Mint condition. \$247,000. Principals. 746-1779. Wm5

SUMMER HOME IN Cutchogue. Prime waterfront, minutes to Peconic Bay waters. Possible owner financing with a large down payment. \$279,000. 584-6318. gcmr5

GARDEN CITY TUDOR Gardens. 1 BR Condo, mod. EIK & bath, A/C, walk to all. Low maintenance with heat \$169. By owner \$170's. 742-8342. gcap3

SOUTHAMPTON VILLAGE: Spectacular 3 BR, 2 1/2 baths plus den. Near ocean. \$329,000. 747-6392 or 287-1465. gcal

GARDEN CITY ESTATES Brick Center Hall Colonial. 3 BR, 3 baths, LR/fpl, FDR, den bsmt rec. rm, screened porch, attached 2 car garage. \$400's. Owner 248-8425. gcm5

SOUTHOLD WATERVIEW Mint Contemp. 3 BRs, 3 baths, LR/fpl & cathedral ceiling, large deck, steps to sandy beach. \$295,000. Southold. First offering. Waterfront Saltbox. 3 BRs, 2 baths, LR/fpl, EIK, sun room, garage. An ideal get-a-way \$325,000. Mattituck - Charming Ranch featuring LR w/skylights & cathedral ceiling. 3 BRs, 2 baths, deck. Enough room for pool. \$149,000. Cutchogue Waterfront Estate. Great light & airy Contemp. LR/fpl, large EIK, DR, 4 BRs, 2 plus baths, Nicely landscaped, dock. A boater's delight! \$475,000 exclusive. East Marion. Drastically reduced 3 story Condo. 3 BRs, 2 1/2 baths, LR/fpl, DR, steps to boating, tennis & golf. \$240,000. Marilyn Lang Realty 734-6690, 734-6472. gcm5

GARDEN CITY EXPANDED Ranch on John St. 5 BRs, 3 baths, den, cac, landscaped 1/2 acre. \$575,000. By owner. 741-0451. gcap3

Real Estate For Sale

CAMELBACK, PA. TOWN- house. Best mountain top location. Ski on/ski off. Fully furnished 4 BRs, 4 baths, 2 kits., deck, wood stove, skylight, greatroom, Clubhouse with heated pool, indoor tennis & sauna. \$139,000. Sale/Rent. 747-7019. gcm5

GARDEN CITY & VICINITY: Interest rates down, bargains galore! 100x115 on prestigious Stewart Ave., 5 BR slate roof brick Georgian Colonial, 3 1/2 baths, den/library, palatial windows, fpl, covered patio/porch, 2 car attached. Real beauty. \$650,000. Central Estates: 2/3 rolling acres, 3 BR Center Hall Ranch, 3 baths, country kit., den, cathedral ceiling library, central air, fin. bsmt., with au-pair suite. \$595,000. Western Section: 3 BR Ranch, 2 baths, skylight kit., LR, fpl, full fin. bsmt., 2 car 80x100 beautifully landscaped plot. \$375,000. Young 3 BR Split. 2 1/2 baths, updated kit. \$339,000. Two BR Mott Colonial, slate roof, 1 1/2 baths, Florida rm., fpl. \$295,000. Five BR Cape, EIK, dual fpl, skylight, fin. bsmt. \$289,000. 100x124, 3 BR Colonial, EIK, sunroom, den, fpl, 2 car. \$240,000. Garden City South: 3 BR Brick Split. 2 1/2 baths, central air, fin. bsmt., sprinklers, 2 car. \$295,000. Hempstead Cathedral Gardens: Your own Country Club. 5 BR slate roof brick CH Colonial, 3 plus two half baths, den, heated pool, two cabanas, 3 car, seven rm. attached suite. Owner finance. \$495,000. On Garden City Line - Young breathtaking 4 BR CH Colonial, 2 1/2 baths, super kit., fam rm/fpl, CAC, 14x24 conservatory deck, fish pond, 2 car, walk to Garden City station. Available furnished. \$375,000. 4 BR Colonial Tudor, 3 1/2 new baths, new EIK, fpl, den, fin. bsmt., possible mother/daughter SD 27. \$284,500. Charming 3 BR Center Hall Colonial, EIK, porch, patio, 75 x 100 landscaped beauty. \$219,000. Two BR, Townhouse, 2 1/2 baths; central air, security, \$154,000 maintenance. \$166,000. Why rent? Can buy with Sonymac 8 1/2 mortgage, studio, new kit, wall to wall carpet, elevated bldg. Low maintenance. \$329. \$47,000. Country Club Estates: 4 BR Brick turreted slate roof French Tudor, 2 1/2 baths, granite fpl, sunk beamed LR, 70x130 property, 2 car. \$220,000. 4 BR Dutch Colonial, 2 1/2 baths, jacuzzi, new windows, fpl, den, 90x130, walk RR, 2 car garage. \$189,000. 3 BR Quaint Colonial - 2 1/2 baths, EIK, master BR/fpl, walk all, 2 car garage. \$180,000. 4 BR Colonial, 1 1/2 baths, huge EIK, fin. bsmt., new roof, walk all. \$179,000. Elaine J. Nolan 485-7054 - 292-9749. wM5

GARDEN CITY WESTERN Fieldstone/brick Cape, 4 BRs, LR/fpl, renovated EIK, FDR, 2 full baths, move-in condition. Many new extras, low taxes. Must see at \$309,000 neg. 326-9294. gcap3

GARDEN CITY WESTERN Section corner Split. 3 BRs, 1 1/2 baths, LR/fpl, DR, Kit, den, bsmt., patio, CAC, 1 car garage. \$325,000 negotiable. 488-4796. gcm5

Real Estate For Sale

1 BR CONDO OCEAN FRONT Gold Coast A1A Palm Beach. Newly renovated, leather furniture, near golf course. \$84,000. Also for rent with option to buy. 483-6880 days, 285-7738 eves. gcal

SOUTHOLD. WALK TO beautiful bay beach & boating. Light & bright 2 BR, EIK, LR, gas heat, bsmt., garage. Only \$129,500. Southold Century old Farmhouse in mint condition on lovely 3/4 acre. 4 BRs, mod EIK, FDR, LR & parlor. Price reduced \$189,500. Cutchogue. Early 1900's 3 BR Farmhouse. Professionally landscaped. Custom IGP, rocking chair porch, detached garage/studio. Move in for \$175,000. Southold. Lovely 10 yr. old 3 BR, 2 bath Ranch. Quiet area near water. Covered brick patio, attached garage & full bsmt. Asking \$165,000. Southold Waterfront. Private & pretty 9 yr. old 3 BR, 2 bath Cape on peaceful pond with bay views in exclusive area. LR/fpl, deck, attached garage. A Gem! \$325,000. Marion King Real Estate 734-5657. gcm5

GARDEN CITY ESTATES First showing. Unique side set center hall Colonial. New extra large gourmet kit. LR/fpl, large DR, sun porch. 5 BRs, 2 1/2 baths, Fin. bsmt., deck, excellent location, excellent condition. \$495,000. Principals only. Owner. 747-1838. wap3

HELGA CROSBY'S BEST BUY Are you a good egg or a bad egg? Hard boiled or soft? An Easter egg is the best egg. So join me in the hunt this weekend for that special golden one: your home. All prices. Helga Crosby at Studwell 746-7077 or after 6 p.m. 746-0563. gcm5

GARDEN CITY: 4 BR RANCH Mother/daughter of professional offices. Country Kit., 2 fpls, all amenities. \$595,000. Principals only. 747-7328. gcap2

GARDEN CITY/HEMPSTEAD Condo. Best Buy! Atrium Plaza, 200 Hilton. Private entrance, 2 BRs, Gally Kit., dining area, sunken LR, 1 bath, all appliances including washer/dryer, CAC, fully carpeted. Indoor private parking. Owner 354-6502. GCAP1

SOUTHOLD BY OWNER 4/5 BRs, 2 baths, expanded Ranch. Mint condition. New appliances, new roof. Skylights and ceiling fans in 40x13 Great room. Generator, finished basement. 1 block to L.I. Sound beach. Must see. Priced to sell. Call for details. 765-9279. gcap2

HEMPSTEAD OVERLOOKING Golf Course - Dutch Colonial 4/5 BRs, large EIK, LR/fpl, FDR, den, finished basement, full attic, fenced yard/pool, alarm. \$199,000. Owner 485-4280. gcal

10 X 50 MOBILE HOME in a lovely Riverhead L.I. retirement park. Florida room, new windows, screened porch, handicap ramp, partially furnished, extras. Convenient shopping. Asking \$10,000. No reasonable offer refused. 747-2627. gcal

Real Estate For Sale

W. HAMPTON BEACH/ Remsenburg. Waterfront. Bayviews are enjoyed in 3 BR, 2 bath home. Open living with fpl, wrap around deck, bulk heading & protected dock. Low taxes. Reduced to \$299,000. Owner wants offers. Call 325-8202 or 621-8940 for appointment. gcap2

GARDEN CITY MOTT Center Hall Colonial, 4 BRs, 1 1/2 baths, LR/fpl, DR, new kit., den, plus fam. rm. with cathedral ceiling. Fin. bsmt., 2 car garage, oversized park-like plot. Mint. Principals only. \$475,000. 746-7507. gcap2

CUTCHOGUE; NASSAU POINT vicinity. Prime waterfront summer home, minutes to Peconic Bay waters. New carpeting, some antique furnishings included. Possible owner financing. \$279,000. Also Mattituck acreage available. \$119,000. 584-9126. gcap3

CUTCHOGUE/NASSAU POINT Magnificent waterfront estate on 3 ultra private acres. 6 BRs, 3 1/2 baths, lg. LR/fpl, FDR w/cathedral ceiling. Huge game room, den, kit with pantry, breakfast rm., laundry rm., 2 car garage, 4 patios & gazebo. Spectacular gardens & grounds with panoramic view of Peconic Bay & dazzling sunsets. Principals only. \$950,000. 427-3623. gcap3

AQUEBOGUE - 4 BR, 3 BATH Ranch, in-ground pool, \$235,000. Unbelievable home buying value in an area of distinctive homes on landscaped park-like 1 acre. 7 spacious rms., fpl, appliances, skylights, bsmt., double garage. See ASAP! Bookmilller Real Estate 722-4423. gcm5

WILLISTON PARK 3/4 BR Colonial. FDR, LR, EIK, near all. Herricks S.D. Low taxes. Maintenance free. \$200K. Owner 248-8649. gcap3

PARK SECTION MINEOLA Legal 2 family, 5 1/2 & 4 1/2 rms. apartments. Gas heat, full attic, fin. bsmt. 50 x 100 ft. lot. Low taxes. Mid \$250's. Call 746-3141. wap2

BELLEROSE VICINITY Magnificent side hall Victorian style. 4 BRs on second flr, plus walk up attic, 1 1/2 mod. baths, mod. EIK. We have FDR, TV/music rm., LR/fpl, A/C, EE garage door plus main floor laundry rm. Taxes \$1,100. One of a kind! \$170's. Diligent Realty 718-776-7474. gcm5

GARDEN CITY FIRST SHOWING. Estates Split level. Maintenance free exterior, 3 BRs, 2 baths, new EIK, new windows, beautiful deck with awning. Asking \$389,000. Principals only. 742-4249. gcap2

GARDEN CITY, MEADOW ST. Charming, mint 3 BR, 1-1/2 bath Colonial. LR, FDR, updated EIK, attic, basement, landscaped, fenced in yard, open porch, new roof. Semi attached. Taxes \$1,650. Principals \$168,000. 741-2780. gcal

Real Estate For Sale

GARDEN CITY VICINITY
Luxury Townhouse located at the Atrium Plaza just 5 blocks from the Garden City Hotel. 3 BRs, 2 1/2 baths, EIK, DR, LR, fin. bsmt., laundry rm., outdoor patio, garage parking, CAC, security system, appliances. Owner has relocated and is pricing this Townhouse for an immediate sale at \$215,000. Call us today at 717-296-2673 to discuss possibilities of financing, rental with purchase option, immediate possession, etc. Owner. gcMr5

GARDEN CITY ON THE BLVD.
Corner house. Large custom Cape. 4 BRs, den, 3 baths, oak floors, designer kit, LR, DR, fin. bsmt., sprinkler system, beautifully landscaped. Principals only. \$265,000. 352-5062. hm5

GARDEN CITY ESTATES
Elegant, beautifully decorated and renovated Dutch Colonial. Center Hall, 5 Bedrooms, 3 1/2 Baths, Living Room with fireplace with authentic Dutch tiles, formal Dining Room, Sun Room, Finished Basement. Brass light fixtures, Laura Ashley curtains and wallpaper throughout. Hardwood floors, new eat-in-kitchen with cherrywood cabinets and top of the line appliances, two car garage. New furnace and water heater. House surrounded by dozens of azaleas. Excellent location, within half mile from Mineola and Hempstead train lines. Tullamore Park, Homestead and Stratford Schools just around the corner. By owner. \$495,000. 742-4271. gcM5

GARDEN CITY LARGE RANCH
Western Section - 4 BRs, 3 baths (1 has steam & jacuzzi) very large den & terrace with awning, 2 car garage. Security & sprinkler systems. European kitchen, finished basement on 90 x 125. \$400's. 488-4431. gcAp2

GARDEN CITY: 4 BR RANCH
Mother/daughter of professional offices. Country Kit., 2 fpls, all amenities. \$595,000. Principals only. 747-7328. gcA2

GARDEN CITY. ALL BRICK & stone Western section Cape. 3 BRs, 2 baths, beautiful new EIK. Must be seen at \$359,000. Principals only. 326-8024. gcAp2

SHELTER ISLAND. LOVELY
year round Ranch. 4 BRs, 2 baths, fpl, private beach, dock, all appliances. Asking \$290,000. Summer rentals now available. Foxfire Realty. Call 749-3288. gcAp1

WHY WAIT? SAVE BROKER'S
fees. Garden City NE Split. 3 BRs, 2 baths, aluminum siding, CAC, low tax & maintenance. Convenient to shopping & RR. Anxious owner relocating. \$299,000. 746-7281. gcM5

WILLISTON PARK 3/4 BR
Colonial. EIK, full DR. Convenient to all. Low taxes. \$200,000. Principals only. 741-1867. wap3

GARDEN CITY EXPANDED
Ranch. 3 BRs, 2 baths (1 brand new), den, DR, on 65x125. \$325K Principals only. 742-8390. gcAp2

Real Estate For Sale

KEUSEY'S EXCLUSIVES
New Exclusive! Plenty of room for the family in this 7 BR, 5 1/2 bath Colonial. LR/fpl, den, breakfast rm./skylight on 100x150. Extras galore! \$675,000. New Exclusive! Immaculate 3 BR, 3 bath Split. Central air, skylight in new EIK, fam. rm. with wet bar. New Anderson windows. Lots of privacy for only \$389,000. Estates Center Hall Colonial. Mod. & spacious EIK, 4 BRs, 2 1/2 baths, fpl, rec. rm., 2 car, walk to all. \$345,000. Expansive Living area in this 3 BR, 2 1/2 bath Contemp. Large property. EIK, fam. rm. Asking \$345,000. Put a little Mott in your life! Center Hall Colonial, LR/fpl, DR, Kit, Florida rm., 2 BRs, 1 1/2 baths. Priced to sell \$295,000. English Colonial 60 x 145 property needs TLC, 4 BRs, 1 1/2 baths, LR/fpl, full DR, kit, heated sun room & garage, plus low, low taxes. Reduced to \$279,000. Contemp. Colonial on 85 x 130 lot, 3 BRs, 1 1/2 baths, den, 2 car with electric eye. Asks \$265,000. Property, property, property! Central section expanded ranch 120 x 200 property. 4 BRs, 3 baths, den, new EIK, CAC. Only \$575,000. Spacious & sunny 5 BRs, 2 baths, mod. EIK, fam. rm/fpl, rec. rm. Only \$289,000. Edwin M. Keusey 747-1300. gcM5

GARDEN CITY SOUTH
Immediate sale required of magnificent all brick Contemp. 3 BRs, 3 1/2 baths, mod. EIK, fam. rm/fpl, beautiful fin. bsmt, cac. \$295,000. Edwin M. Keusey 747-1300. gcM5

NEW HYDE PARK COLONIAL
3 BRs, 2 full baths, fin. bsmt. Legal 2 fam. C.O. Walk to LIRR. \$175,000. 437-8825. gcA1

GARDEN CITY VICINITY
The Atrium. 1 BR Condo, CAC, washer/dryer, large yard, free indoor parking. Maintenance \$115. Owner anxious \$107,000. 538-8380. gcMyl

GARDEN CITY. LOCUST ST.
\$10,000 down buys 4 BRs, 2 bath Cape. Assume mortgage & move in. Asking \$319,000. Owner 742-8337. gcA1

STEWART MANOR 1 BLOCK
Garden City, 3 BR, semi attached Colonial. Large DR, EIK, nice yard, walk to RR. \$209,500. 328-7497. gcA1

WILLISTON PARK: BRICK/
stone Colonial. 3 BRs, 1 1/2 baths, deck, fin. bsmt., EIK, DR, Near all. Move-in condition. Low \$200's. Owner. 488-7742. wa3

GARDEN CITY ESTATE
Reduced \$55,000. Spacious stone/brick, slate roof expanded Ranch. Large property. 3 BRs, 2 1/2 baths, mod. kit., LR/fpl, DR, 2 dens, 2 car. Asking \$349,000. 481-2037. gcM5

GARDEN CITY WESTERN
Section. Split, vinyl siding, 3/4 BR, den, fin. bsmt., 3 baths, fpl, new EIK, new furnace, sprinkler system. Close to transportation. Principals only. Low \$300's. 354-7285. hm5

Real Estate For Sale

HICKSVILLE: 4 BR LEVITT
Ranch. New Euro kit & bath. 60x100. Taxes \$2600. 2 zone heating & ceiling fans throughout the house. Asking 165K. Principals only. 735-0793. gtfm

EAST MARION. PRIVATE
beach community, tennis courts, next to golf course, 4 BRs, 2 1/2 baths, 3 decks, in-ground pool on 1/2 plus acre. Asking \$319,000. Owner 477-0928. gcM5

GC VICINITY - CATHEDRAL
Gardens. Center Hall Colonial, 3 BR - 2 baths up, 1 BR - bath down. LR, DR, EIK, den, Florida room, CAC, underground sprinklers. Principals only 489-1786. ha2

FLORAL PARK-FLOWER VIEW
Gardens. Newly renovated 1 BR. Mint condition. Walk to RR, bus & stores. Asking \$92,000. Low monthly maintenance. Must see! Call after 5 p.m. 775-7820. wal



SUNNY LARGE 1 BR GREAT
Neck Co-op Apt. 1 block from LIRR. Immediately available. Low maint. Mod. well kept bldg. Asking \$120,000. Call 627-6781. ha1

MINEOLA 2 BR, 2 BATH
corner apartment. Oak floors throughout, 6 closets (2 walk-in), 2 parking spaces. \$98,000. Immediate occupancy. 80% deductible. 328-7068 or 747-7430. gcA1

GARDEN CITY CHERRY
Valley. 2 BR with new kit & bath. Walk RR. Must sell \$124,900. Hamilton Gardens. All new 1 BR with LR & DR. Walk RR & stores. Parking available. \$125,000. Heart of Town - Professionally designed & decorated 3 BRs, 2 baths, LR/fpl, FDR. Must be seen. \$200's. Fennessy Realty 746-6245. gcA1

FREEPORT SOUTHWEST
Florida like apartment, waterfront on 3 sides. 3 rooms, 25 foot deck, free dockage, fully equipped. 4 years old. Private entrance. No underlying mortgage. Laundry room, storage. Low taxes. 867-4692. gcAp2

GARDEN CITY/CHERRY
Valley Co-Op. 2 BR second floor end unit. Owner relocated. 703-527-1397 - leave message. gcMyl2

GARDEN CITY CO-OP - 2 BR
second floor unit. Center of Village. One block to LIRR & all shopping. Refinished floors, new windows. Owner \$143,000. 873-9469, leave message. gcA1

GET RESULTS! Place an ad in our Classifieds for reasonable rates and prompt results. Call 931-0012 • 294-8900 or 746-0240 for more information.

Real Estate For Sale

GARDEN CITY: 2 BR
Cherry Valley Co-op. Priced to sell at \$110,000. Mint. Excellent location. Call to see & make offer. Our exclusive right to sell. Studwell - 746-7077. hm5

MINEOLA-GARDEN PLAZA:
1 BR Co-op. Immaculate. Mirrored closets & wall, 2 ACs, new wall to wall, verticals, walk RR, 24 hr security. \$118,000. Owner. 742-7884. hap3

MINEOLA/GARDEN PLAZA
Large, sunny 1 BR Co-op. 24 hr security. Choice location, renovated. 2 a/c's. wall to wall. Must see. Asking \$115,000. Owner. Neg. 248-8233. gcAp3

DISTRESS SALE! GARDEN
City renovated Studio. Owner needs cash immediately. Must sell. Any offer over \$42,000 takes it. Low maintenance. Call Patrick 741-2646 after 7 p.m. gcAp3

CONVENIENT MIDTOWN
location. E. 56 St., N.Y.C. 1,600 sq. ft. sleeping alcove s Studio. 24 hr. luxury doorman building. CAC, 3 large closets, 5 new windows, sunny, parquet floors. \$93,000. 746-5194. gcAp3

GARDEN CITY - HAMILTON
Gardens. Best location. Walk to everything. Large 1 BR apartment, front to back, quiet top floor, heated garage. No money down. \$97,000. Immediate occupancy. 747-2422. gcAp3

GARDEN CITY - IRS BLUES?
Enjoy this spring special, 2 BR Co-op. Maintenance free living on park-like grounds with 81% tax break! Custom kit & many extras. Owner 742-0359. gcAp3

GARDEN CITY CHERRY
Valley Co-op. 2 BR, CAC, new EIK, updated bath, second floor. Move-in condition, walk to LIRR. \$136,000. 747-8850 or 747-1771. gcAp3

GARDEN CITY 7th ST. CO-OP
Second floor walk-up. Renovated kit, BR, LR, plus TV rm. New windows & refin. oak floors. 1 car garage. Low \$100's. Owner 248-6512. gcAp1

GARDEN CITY/HEMPSTEAD
border: Cathedral Gardens. Owner relocated. Sunny, large 1BR, new EIK, all appliances, full bath, wall-to-wall carpet, pleated shades, patio. Available immediately. Principals only. \$85,000 or rent with option to buy, \$850 monthly. 718-343-2423. gcAp2

BUY OR TRADE-GARDEN CITY
Couple looking to buy a home in Garden City. We have a 1 BR Co-Op to sell or trade. Excellent G.C. location, walk to all. Must sell. \$115,000. Maintenance 70% deductible. Work (718) 641-4945, home (516) 741-8894. gcAp1

G.C. HAMILTON GARDENS
Gorgeous, oversized 1 BR Co-Op. Quiet corner apartment, totally renovated, new Euro style EIK, separate DR, new bath, refinished hardwood floors, California closets. Extra large rooms, heated garage. Close to all. \$125,000. 747-3607. gcMr5

Real Estate For Sale

LINCOLN ARMS, MINEOLA
Co-Op - Extra large 1 BR, 1 1/2 baths, near RR, courts & hospital. Many extras. Reduced to \$95,000. Days 663-2579, eves. 742-3599. gcMr5

MINEOLA - HUGE 1 BR
1 1/2 baths, terrace, 2 a/c's, new appliances, closets galore, top floor. Near to all \$110,000. Owner 747-8919. gcMr5

MINEOLA: HORTON HOUSE
1 BR, large LR, secure building. Convenient to RR, hospital, stores. Must sell. \$89,000. By owner. 747-8711. gcA1

2 BR GARDEN CITY CO-OP
offers a great life style. Sunny rooms, spacious storage & comfortable living. Close to train & shops. Low maintenance. Reduced to \$149,000 by owner. 294-9318. gcAp1

GARDEN CITY/HEMPSTEAD
Mulford Place. Large 1 BR in charming building. Decorator bath, closets galore. Like new. Must be seen. \$79,900 neg. 489-9666. gcM5

MINEOLA CO-OP GARDEN
Plaza. 2 BRs, 2 baths, fully renovated. 60% tax deductible. Quiet top floor, corner apartment with extras. Walk to LIRR \$135,000. Principals only. 746-5646. gcM5

CHERRY VALLEY CO-OP - 1 BR,
new kit with dishwasher, oak floors, park-like grounds. Walk to RR. Maintenance 81% deductible. Asking \$89,000. 294-8066. gcM5

GARDEN CITY CHERRY
Valley Co-Op. Mint condition, 1 BR first floor. New kit & bath, ceiling fan, wall to wall. Walk to stores. LIRR \$95,000. 294-7889. gcAp2

GARDEN CITY'S BEST 1 BR
Co-op. New kit, bath, CAC, etc. New w/w carpet, wash/dryer. Prime for retiree/single/newly. No 1 bedroom is better! Asking \$99,000. Owner 742-3065. gcA1

MONTAUK-2 RM CO-OP
One hundred feet from beach. Electric heat/air conditioned. Walk to dining, shopping. Sleeps four. Full Kit, cable TV. Must sell. Asking \$39,500. Great Rental History. 724-5572. hAp1

Real Estate For Rent

GARDEN CITY VICINITY
Luxury townhouse located at the Atrium Plaza just 5 blocks from the Garden City Hotel. 3 BRs, 2 1/2 baths, EIK, DR, LR, fin. bsmt., laundry rm., outdoor patio, garage parking, CAC, security system, appliances. Owner has relocated & is offering this townhouse for rental of \$1500/month plus utilities. Owner will apply one half rental towards purchase price at time of closing. This townhouse is available for immediate possession. Call us today to discuss possibilities of your renting today & owning this luxury townhouse. Owner 717-296-2673. gcM5

Real Estate For Rent

FLORAL PARK EXCELLENT residential area, 4 sunny rms., 2 BRs., EIK, new bath, fully decorated. Garage plus parking space. Big storage area, use of yard. Near all transportation & shopping. \$975, no fee. 354-2926, gcAp3

APT. FOR RENT: MINEOLA. 3 BRs., LR/fpl, W/W carpeting, fin. bsmt., back yard, walk to RR. \$1100 per month plus utilities. 746-3141. wM5

FOUR ROOM APARTMENT Ground floor, finished basement, washer/dryer, use of backyard. Call after 5 p.m. Principals only. 747-4831. W-AP-2

OFFICES FOR RENT Two Manhattan offices for rent with private, assigned parking spaces, heat & electric included. 2 blocks from LIRR. First floor office \$195; second floor office \$250. Immediate occupancy. Carmel A. Barry - 627-6609. Wfn

BELLEROSE NORTH, LARGE 5 room apt., entire main floor of detached 2 family house, 2 BR's, LR, FDR, EIK, bath, garage, use of yard. Child OK. \$950 per month plus utilities. 486-1868 or 748-0753. gcAp2

FRANKLIN SQUARE - 1 BR EIK, LR, full bath, washer/dryer, very modern, no pets. \$650 includes all. References & Security. After 4 p.m., on weekdays and all day weekends. 354-4207. gcAp2

GARDEN CITY SOUTH - 1 BR full bath, kitchen/LR combo, full walk in closet, very light and sunny. Furnished or unfurnished. One person \$600, professional preferred. Two people \$700. Utilities included. One month security. 486-4647. gcAp2

FRANKLIN SQUARE BORDER. Large Colonial house, 3 floors, 3 BRs., 2 baths, wall to wall carpet, a/c, fin. bsmt., patio. Working adults only. No pets. Rent \$1,000. 437-1595. Leave message. gcAp3

GARDEN CITY & VICINITY: Immediate - Center of village. Spacious 2 BR, six (6) closets, elevated building. \$1500. **Hempstead Cathedral Gardens - 1 BR** Garden apt. \$795. **Lynbrook:** Sunny spacious four (4) rm. apt., a/c, completely furnished, walk all. \$950. **West Hempstead:** 1 BR, swimming pool, reserved parking, walk RR. \$780. **Elaine J. Nolan - 485-7054 - 292-9749. wM5**

GARDEN CITY VICINITY Small apartment building with parking. Large rms., studio, 1 & 2 BRs. \$500-\$775. No fee. Broker/owner. 747-1300. gcM5

GARDEN CITY ROOM FOR rent. Nice area. \$85 per week. Female only. Please call evenings. 741-4865. gcAp3

GARDEN CITY/HEMPSTEAD Cathedral Gardens. Renovated 1 BR, wall to wall, 1 a/c, mint condition. No fees. \$750 owner. 485-9586. gcAp3

Real Estate For Rent

FLORAL PARK VILLAGE 2 family, first flr, walk to train, stores. 2 BRs, LR/fpl, sun porch, bsmt. & garage. Immediate occupancy. \$1,025 a month. 378-5612, 741-0337. gcAp3

GARDEN CITY - PRIVATE room for rent. Furnished or unfurnished in private house. Share bathroom, nice room, carpeted, paneled, mirrored. Nice family. Ten minutes from Adelphi. Walk to RR & courts. 741-9740. gcM5

LEVITTOWN COZY, FURNISHED Studio. Private entrance, private bath, own thermostat, wall to wall carpet, wall to wall closet, Murphy kit combo (stove, sink, refrigerator). Quiet, non-smoking working gentleman preferred. No pets. Utilities included. \$525. Owner 579-4186. gcAp3

GARDEN CITY, LARGE, SUNNY room. Furnished or unfurnished. Private full bath, private entrance. Walk to LIRR & Adelphi University. Non-smoker, security, references. 742-6845 or 747-1130. Leave message. gcM5

WILLISTON AREA - SPACIOUS airy room. Convenient to all. Private entrance. \$400. 378-3739. gcAp2

HEMPSTEAD/GARDEN CITY Mulford Place. Large 1 BR in charming building. Freshly painted. LR/fpl, DR adjacent salarium. Furnished \$950. Unfurnished \$850. 741-5923. gcM5

FLORAL PARK CREST STUDIO Apartment. Private entrance, full bath and kitchen. Non-smoker, references. Call (516) 775-0792. GCAP1

CATHEDRAL GARDENS: RENT with purchase option for qualified buyers. Established co-op complex. Studio, 1 BR & 2 BR apartments from \$650. One third of rent applied to purchase. Located on picturesque Cathedral Ave. Call 486-1942. gcMy1

MINEOLA APARTMENT - 2 BR LR, FDR, large EIK, 2 baths, finished basement, storage room, washer/dryer. Off street parking for 2 cars. Walk to RR \$1,100 per mo. for all. (516) 486-1868 or (516) 248-0753. gcAp1

WEST HEMPSTEAD - NEW Apartment. LR/kitchen combo, BR, second floor, private entrance. Single preferred. \$650 includes all. 483-3634. gcAp1

NEWLY RENOVATED SUB-divided office space. 1200 sq. ft., all carpeted. CAC & heating. Nassau/Queens borderline. Call 292-0484, 486-3433. gcAp3

Real Estate For Rent

FRANKLIN SQUARE - SUNNY 2 room studio, first floor, private entrance. Walk stores and bus. Small pet OK \$560 all. Single only. (516) 354-9272. gcMr5

GARDEN CITY, 222 SEVENTH St. Condo, 2 BR, new throughout. \$1600 a month. Apply full rent towards purchase. Asking \$199,000. Owner. 742-8337. gcAl

WILLISTON PARK: 2 (2) BR APT 2nd floor, residential. \$850 a mo. No broker's fee. 248-0674, evenings. wal

LARGE SUNNY ROOM, Mineola. Private entrance, private bath. \$450 per month. 746-4065. wal

FURNISHED ROOM FOR RENT Albertson. 3 blocks from LIRR with cable TV, kit use, own bathroom. \$300 a month plus 1 month security. References. 742-6524. gcAl

APARTMENT, SKYLITE 2 BRs, Kit/DR, bath. Close to shopping, buses & train. Owner 935-0856. hfn

GARDEN CITY APARTMENT for rent. 2 huge sized rms., fpl, private entrance, parking. 747-7328. gcAp3

GARDEN CITY/HEMPSTEAD Cathedral Gardens. 2 BR, 1 bath apartment. Newly renovated, mod. EIK, LR, DR, extra closet space. \$950/month with option to buy. 483-2374. gcAp3

GARDEN CITY SOUTH 1 BR, full bath, kit/LR combo, full walk in closet, very light & sunny. Furnished or unfurnished. One professional male preferred. Utilities included. \$625, one month security. 486-4647. gcAp3

GARDEN CITY FURNISHED room. Working adult male, non-smoker. Share bath, light kit privileges. \$85 a week. 427-2479. gcAp3

OFFICE SPACE FOR RENT Mineola/Willis Ave. location. 12 x 12 private rm on second flr. Beautiful location. \$250 per month. Call owner. 746-8023. wap2

NEW HYDE PARK MODERN high ranch, 9 rms, 4 BR, 2 baths, fam. rm., den, laundry, garage, walk to LIRR. References. \$1750/month. 354-2125 after 6 pm or 437-8209 days. ha1

Vacation Rental

MONTAUK-SPRING GETAWAY Special. 3 days \$150 couple. 2 Rm suite, heat, full kit. Sleeps four. Walks, dining, shopping. Hundred feet to beach. Immaculate. Call 724-5572. hAp1

Vacation Rental

SANIBEL ISLAND, FLORIDA Lush tropical setting, virtually unspoiled, southern Florida Gulf coast. **Sundial Beach & Tennis Resort** selected by Better Homes & Gardens as one of the top resorts in the USA. 2000 ft. beach, 5 pools, jacuzzi, 13 soft/hard court tennis, golf, boat/bike rentals, supervised children's activities available, award winning chef & gourmet restaurants, superb shopping, world famous shelling, only 35 min. to Ft. Myers airport. Complete resort right on the Gulf. Recent multimillion dollar beautification program. One or two BR Condos with full kitchens. Rent daily, weekly, etc. Reasonable. (516) 746-2211, (516) 326-7711. gcj3

CAMELBACK, PA. HOME - 3 state views from 1,750 ft. Best location on mountain. Ski on, ski off. 100% snow making & night skiing, sleeps 8 with private baths. Wood stove, loft, skylight, club house, pool, indoor tennis. Reasonable rent. 747-7019. gcM5

SOUTHAMPTON - BEAUTIFUL young contemporary on 2 wooded acres, 5 minutes walk to private Peconic Bay beach. 3 large BR's with separate Master Suite, modern Euro-kitchen, huge cathedral LR, DR, 2 1/2 baths, patio, alarmed, cable ready, all amenities. Season \$9,800. July or August \$3,900 plus securities and utilities 746-4314. gcAp2

HILTON ISLAND, SOUTH Carolina. Ocean view apartment on beautiful beach. Large pool, tennis, restaurant, lounge & convenient store on premises. Golf nearby, excellent accommodations at discounted rates. Owner 742-4485. gcAp2

NASSAU POINT - AUGUST rental. Gracious waterfront country home with private beach on 2 plus secluded acres. 5BR's, 3 1/2 baths, LR, DR, well equipped kitchen, laundry etc. Old fashioned screened porches. Immaculate with many extras. 747-0688. gcMr5

CLEARWATER BEACH, EAST Hampton. Beach rights, wood burning stove, 3BRs, 1 1/2 baths, hot tub, Cathedral ceilings, 3 tier deck. Long Season. Asking \$9500. 483-6880 days; 285-7738 eyes. gcAl

MT. SNOW/HAYSTACK Large, fully equipped 4 BR's plus loft, 2 1/2 baths w/color TV, VCR, microwave. Available by the week or weekend. Beautiful views, lots of privacy, heated garage. Call 466-6120. gcM5

SOUTHOLD COUNTRY HOME 3 BR, fully equipped, large screened porch, walk private beach. Washer/dryer, cable, immaculate. \$1,200 monthly, May, June, Sept., or weekly \$500 334-0196. gcMr5

NASSAU POINT-CUTCHOGUE Spectacular home. High on hill. Every modern facility. Own boat dock, beach & outdoor shower. Waterviews from every room. July and/or August or season. 746-2151 evenings. gcM4

Vacation Rental

CHARLESTON, S.C. QUIET island, miles of beaches, front beach homes & villas. Daily & weekly. 1-800-476-0400. gcM5

BEACH FRONT - SOUTH Jersey Shore, 4 BRs, 2 baths. Minutes from Atlantic City Casinos, amusements & Cape May. Great for family. Available spring & fall weekdays & weekends & by the week in summer. All amenities. Call 746-5652. gcMr5

JUPITER, FLORIDA Garden City resident offers 2 BR, 2 bath Townhouse at Jupiter Ocean & Racquet Club. Available March - April. Call 747-6179. gcMr5

GREENPORT ON BAY! Sterling Cove. Sunny, cheerful 2 BR, 2 bath Condo, sleeps 6. Large deck, piano, all amenities. Pool, beach, courts, boat slip is needed. July - Labor Day \$7,200. 477-2642. gcAp3

HAMPTON BAYS - 3 BRs, 1 1/2 baths Contemp. Lighted IGP, cedar decks plus 17x27 cedar deck for sun bathing. Skylights, front deck, covered back, patio for barbeque. Close to beach on cul de sac. Adults preferred, no groups, no pets. Call owner & save. Available Memorial Day - Labor Day week. \$12,000. 579-4186 or 728-3172. gcAp3

JAMESPORT, BEAUTIFUL 3 BR Cottage. 110 ft. from private Peconic Bay beach. 2 porches. Rent weekly in July. Call 742-2569. gcAp3

POCONOS - 3 BR RANCH IN lake community. Swimming, tennis & vacation activities. House spotless, washer/dryer, microwave, 2 decks, fpl. Walk to lake, horseback riding, quality restaurants & shops nearby. \$350 a week. 379-8447. gcAp3

NASSAU POINT/CUTCHOGUE 4 BR home overlooking water. Every mod. facility. Deep water boat dock, own beach & hot & cold outdoor shower. Available July only. Call evenings & weekends 746-2151. gcAp3

POINT LOOKOUT/MALIBU Share beach locker this summer. Call 248-1635. gcAp3

Real Estate Wanted

NORTHFORK HOUSE WANTED for Aug. rental. Please call Patrick 741-2646 after 7 p.m. gcAl

DAUGHTER OF LONG TIME Garden City residents looking to buy 4 BR, 2 1/2 bath home in Estates section. Prefers to buy direct from owner. Interested in selling? Write to Box #B, c/o Garden City News, 821 Franklin Ave., Garden City, N.Y. 11530. gcM5

LIFETIME WILLISTON PARK resident (Volunteer Fireman) interested in purchasing house in Williston Park-Hericks School District. Principals only. 746-4912. W-AP-2

Find A Bargain
IN THE CLASSIFIEDS



Real Estate Wanted

GARDEN CITY RESIDENT desires small house, 2/3 bedrooms. Up to \$200,000. 481-2037. gcmr gcAp2

ONE OR TWO CAR GARAGE TO rent for antique cars. Garden City or Garden City vicinity. 741-4327. gcm5

GARDEN CITY RESIDENT employed lady seeks furnished rm in Garden City. Kitchen privileges. Walking distance #40 bus line & 7th St. stores. Call 222-7432. gcal

1972 DATSUN-240Z, ORIGINAL miles, six cylinders, sun roof, red/black interior. Automatic, very good condition. \$1650. 354-5273. Call after 6 p.m. Wap1

1983 PLYMOUTH RELIANT Good condition. Loaded, dark blue. \$400. Call 248-7314. gcal

'89 VW FOX, A/C, AM/FM Stereo cassette, 4 speed. Metallic red. 35,000 miles. Asking \$5700. 328-0263. gcal

'84 NISSAN SENTRA 65K, auto, a/c, AM/FM. New transmission, distr., carb, excellent condition. Asking \$2400. 742-1162. gcal

1 OR 2 CAR GARAGE FOR antique car. Piccadilly Rd., Baker Hill Rd., Middle Neck Rd. area preferred, but other Great Neck areas considered. 829-4369. ha3

YOUNG GARDEN CITY FAMILY looking to rent home in village. May 1 occupancy. Principals only. Please call 358-2128. gcap3

RESPONSIBLE PRIVATE, non-smoker, single male, F/T office worker P/T student seeks a clean, quiet, spacious rm. with accompanying kitchen, laundry & parking facility. Days 683-5111, eves & weekends 794-7139. gcap3

Car For Sale

88 CAMARO Z28, 5 SPEED showroom perfect. Too must to list. Best offer over 8,000 takes it. 248-6683. ha2

1985 SAAB 900 TURBO 5 speed, 4 door, grey, 61,000 K. Must see. \$6,200. Call Ron, work 745-0219, home 742-3297. gcm5

'89 CHEVY G-20 CARGO VAN Extremely clean. 41,000 miles in warranty. \$6,800. Will negotiate. Must sell. 742-0933. gcap3

1988 DODGE DAYTONA Red, automatic, ps, pb, power mirrors, tilt wheel, a/c, rear window louvers. Original owner. \$5,400 neg. 742-8281. gcap3

1984 DODGE COLT VISTA 7 passenger mini van wagon. P/S, P/B, A/C, AM/FM stereo, automatic, roof rack. Excellent mechanical condition. \$2,575. 747-7770. gcap3

1983 BROWN TOYOTA Corolla. Runs good, high mileage. Two door, AM/FM stereo. Must see. \$1,100. 746-2905. gcap3

Car For Sale

CHEAP! FBI U.S. SEIZED. 84 VW \$50, 87 Mercedes \$200, 85 Mercedes \$100, 65 Mustang \$50. Choose from thousands starting \$25. Free 24 hour recording reveals details 801-379-2929 ext. NY49HJC U.S. Hotline copyright. hmy1

1979 CUTLASS. AC, PS, PB, am/fm, runs well. Clean, reliable transportation. 746-4680. gcap1

1986 OLDSMOBILE 98 Regency. Fully loaded, mint condition, 47,000 miles \$5500. 742-3548 after 6 p.m. gcap1

1986 FLEETWOOD CADILLAC 4 door, 8 cylinder, 37,000 miles, black exterior. Fully loaded. Original owner. 746-0680. gcap3

1985 BUICK SKYHAWK Excellent condition. AC/PS/PB/AM-FM. Asking \$2500. 248-6529. wap3

1983 DODGE ARIES STATION wagon. Excellent condition. \$2000. 747-8591. wap3

1982 TOYOTA SUPRA, AUTO-matic, L type. 746-0561. ha3

1982 BUICK LE SABRE, 4 DR, all power, a/c, stereo cassette, 45,000 original miles. Original owner. Excellent condition. Velour seats. 4000. 352-3083 358-2264. gcal

1989 CHEVY CAVALIER Excellent condition. Manufacturer warranty. A/C, PB, PS, AM/FM, new tires. \$6,000. 747-0537. gcmr5

Services

BUILD WITH BRICK Stoops*Fireplaces*Patios *Driveways*And all types of Brick & Stone Work Quality Workmanship at Reasonable Prices Satisfaction Guaranteed No Job Too Small*Waterproofing Slate Roofs Repaired Estimates 538-3813 LIC#H1735940000 gemy5

MARIO POLITO'S COMPLETE home remodeling. I do everything from ceiling to floor and lots more. All types of carpentry, ceramic tile, painting, etc. Free estimates. (516) 538-2273. Lic. #HO418010000. gcap1

PROFESSIONAL COMPUTER-ized office services: Bookkeeping, auditing, mass mailing, accounts payable, inventory, collections, typing. Let us provide high quality office skills at reasonable rates. Flexible hours. Pickup/delivery provided. Call 764-9898. 354-7368. wm5

GUTTERS CLEANED, REPAIR-ed, replaced, installed, painting, trim, windows. Other handyman jobs. Call Joe 735-6349. hJn2

ORDONEZ PAINTING Painting, interior, exterior, wall paper removal, hanging. Free estimates (718) 327-4394, (516) 239-1690. gcap2

Services

*****HOLLYWOOD***** Construction & Floors of Garden City, E. Northport & Roslyn *Interior & Exterior painting *Carpet (all major brands) *Carpet repair *All phases of home improvements. *Recommended & Used by architects & interior designers *17 years experience *Garden City resident *All work guaranteed Call 368-8205 gcn1

LITE MOVING & STORAGE Very reasonable. Call day or night. Long & short term storage. Local/long distance. Will beat any price. Free estimates. \$10 off with this ad. (516) 599-0996. gcap4

CALL MR. O FOR YOUR HOME painting needs. 775-2231. gcap2

PAINTING - INTERIOR & EX-terior. Only best paint used. Reasonable prices. Free estimates. Work guaranteed. Call Jimmy Mac. 248-7314. gcap2

HANDYMAN - QUALITY HOME repairs: plumbing, leaky faucets, toilets, tiles and grouting. Shelves, fences. Doors shaved, carpentry, sheetrock patching, Ceiling fans installed. Call Joe 746-7517. wm4

LADIES, RELAX & ENJOY your next party! Catering & experienced professional services for assisting with preparation serving & cleaning up before, during and after your party. Bartenders available. Call Kate at 248-1545 or 746-8264. wfn

HANDYMAN TOM. HOME Repair Specialist. Doors sticking? Broken window glass & cords? Odd jobs, hardware, carpentry, aluminum trim, siding repairs, gutters, rotted wood. Free estimates. Lic. #H1755180000. 546-5625. gcm5

GARDEN CITY MAINTENANCE Spring clean-ups, weekly maintenance, complete landscaping, sod lawns installed, sprinkler systems installed & maintained. Tree & stump removals. For free estimates call 335-3648 or 483-4720. gemy3

JAMES F. MENTZ CARPENTER-ROOFER Skylights Installed Carpentry-Alterations Slate Roof Repairs Roofing-Gutters-Leaders Kitchens-Attics-Basements LIC#401750000 593-2933 gcap2

HELPING HANDS We will help serve and clean up at your next party. Reliable. 775-7440. gcm5

Services

CARGO VAN/DRIVER FOR hire. 741-8123. gcm5

HOME IMPROVEMENT Kitchens-baths-expert tiling, marble, granite, corian-Windows, doors, etc. Reliable, responsible. Excellent references. Thom: 997-3083. gju3

DECKS, ANY SHAPE, ANY size, around pools or trees. Your design or mine. Reasonable prices. Call Floral Park - 718-347-7518. wm5

LOW COST INSURANCE Robert Orena Insurance Agency. 742-2680. hm5

BRIAN CLINTON MOVERS Licensed and insured. One piece to a house load. Free estimates. 333-5894. Owner supervised. Carle Place. gemy3

GENERAL CONTRACTOR/ Handyman. Carpentry, painting, plumbing, electrical, appliances, income apartments. Licensed & insured. Will beat any bona fide estimate. Call Tom 326-2599. gcn2

SAVE TIME. LAUNDRY picked up, washed, dried, folded and delivered. 24-hour service available. Call Linda 248-5487. ha2

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March 20 - a plain white envelope with no writing on it. Cash inside. Lost perhaps in vicinity of Bank of New York or Garden City some place. Reward. 741-2417. gcAp3

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with yellow eyes, nine months old. Answers to "Chelsea." Lost March 2, vicinity of Merrilion Ave. train station. Reward. Please call 746-4854. gcMr5

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In the Discovery Section of this Newspaper

Novenas

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. gcM5

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. J.N. gcM5

HOLY SPIRIT WHO SOLVE
all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions, I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. M.F. and Thank you for the many favors received.

HOLY SPIRIT WHO SOLVE
all problems, who light all roads, so that I can obtain my goals. You who give me the divine gift to forgive and forget all evils against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things and to confirm once again that I never want to be separated from you ever in spite of all material illusions, I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say for 3 consecutive days after which the favor requested will be granted even if it appears difficult. This prayer must be published immediately. Thank you Holy Spirit. A.R.C. hm5

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NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. thank you for answering my prayers. T.P. wm5

NOVENA TO ST. JUDE
Oh Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful and intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, 3 Glorias. Say for 9 consecutive days. Publication must be promised. This novena has never been known to fail. Thank you for answering my prayers. M.V.B. wm5



Cooking Corner

Beat on high speed for 3 minutes. Using a spoon, stir in cooled oat mixture, oat bran and molasses. Stir in as much of remaining flour as you can.

Turn dough out onto lightly floured surface. Knead in enough of the remaining flour to make a moderately stiff dough that is smooth and elastic (6 to 8 minutes total). Shape into a ball. Place in lightly greased bowl; turn once. Cover; let rise in warm place until double (about 1 hour).

Punch dough down; turn out onto lightly floured surface. Divide dough in half. Cover and let rest 10 minutes. Divide each dough half into 9 portions for square or round loaves or 10 portions for rectangular loaves. Shape dough into balls. Place 9 or 10 balls in each of 2 greased 8x8x2-inch baking pans, 8x1 1/2-inch round baking pans, or 9x5x3-inch loaf pans. Cover; let rise until nearly double (30 to 40 minutes).

Brush top of risen dough with water; sprinkle with rolled oats, poppy seeds or sesame seeds. Bake in 375 F oven for 30 to 35 minutes or until bread sounds hollow when tapped, covering with foil the last 10 minutes to prevent over-browning, if necessary. Remove from pans and cool on wire rack.

Mini Double-Oat Loaves: To make 4 smaller loaves, prepare dough and let rise once as directed. Divide dough into 4 portions, making 10 balls from each portion. Arrange 10 balls in each of four 7 1/2 x 3 1/2 x 2-inch loaf pans. Let rise and bake as directed.

CHEDDAR CHEESE BOWS

6 1/4 to 7 1/4 cups all-purpose flour

3 cups shredded cheddar, Swiss, or Monterey Jack cheese

2 packages quick-rising active dry yeast

2 1/2 cups milk

1/2 cup sugar

1 teaspoon salt

2 eggs

Milk

Finely shredded fresh Parmesan cheese or grated Parmesan cheese

Yields 48 bows.

In large mixer bowl, combine 3 cups of flour, cheese and yeast; set mixture aside.

In medium saucepan, heat and stir 2 1/2 cups milk, sugar and salt just until warm (120 F to 130 F). Add to flour mixture. Add eggs. Beat with electric mixer on low to medium speed for 30 seconds, scraping sides of bowl constantly. Beat on high speed for 3 minutes. Using a spoon, stir in as much remaining flour as you can.

Turn dough out onto lightly floured surface. Knead in enough of remaining flour to make a moderately stiff dough that is smooth and elastic (6 to 8 minutes total). Shape into a ball. Place in lightly greased bowl; turn once to grease surface. Cover and let rest 10 minutes.

Turn dough out onto lightly floured surface. Divide dough into 4 portions. Roll each portion into 12-inch square. Cut each square into 12 12x1-inch strips.

On lightly greased or foil-lined baking sheets, shape each strip into a bow. Hold 1 end of each strip in each hand. Bring ends up and around so the center of strip forms 2 loops. Bring ends of strip together at center of loops, crisscrossing ends and leaving about 1 1/2 inches of strip for bow's tails. Twist ends together once. Press dough together at center. Cover; let rise in warm place until nearly double (20 to 30 minutes).

Brush rolls with additional milk; sprinkle with Parmesan cheese. Bake in 375 F oven 12 minutes or until golden. Cool on wire racks.

Start a family tradition by hiding an almond in this festive bread. Whoever gets the hidden almond will have good luck this year, organize the next reunion or head the cleanup committee! You decide what the almond means ...

KITCHEN KIDS



Continued From PAGE 14A

Before your children begin cooking, be sure to discuss these safety hints with them.

■ Read the recipe thoroughly with your children, and discuss any steps or directions they may not understand. Decide on the best time for them to cook in the kitchen.

■ Place all utensils and ingredients on the counter before starting to cook.

■ Always keep oven mitts and pot holders by the side of the stove. Always wear oven mitts when lifting a hot pan off the burner or removing one from the oven.

■ Turn pot handles inward toward center of the stove.

■ Tie back long hair, wear old clothes and roll up loose sleeves.

■ The last step in cooking is cleaning up!

Mainly for Seniors

By Leonard J. Hansen

One out of five mature Americans has had an adverse reaction to a prescription drug, according to a new survey by the University of Southern California. And 43 percent of seniors surveyed reported serious reactions.

"There is a widespread problem with the prescriptions taken by American's elderly," says Beverly F. Lowe, Ph.D., principal investigator, a research assistant professor at USC's Ethel Percy Andrus Gerontology Center in Los Angeles.

The key research findings show:

- About 87 percent of the survey respondents said they relied on their doctor for information about prescription drugs, but that 28 percent said their doctor had not told them about what foods to avoid when taking the drug. Only 29 percent of the respondents said that the physician had advised them of effects which may be expected from the medication. Only 35 percent said they had been advised about when to take the medication. Eight percent said their doctor had given them no information whatsoever about the prescription they were currently taking every day.

- Nine out of 10 of the adults, age 60-plus, said they were somewhat or very satisfied with the information they had received about the prescription drugs they were taking. "Since so many people said they hadn't received the most rudimentary information about the prescriptions they were taking, it's hard to imagine what they were satisfied about," said Dr. Lowe.

- About 36 percent of the respondents said they had received information about their prescription from a pharmacist, while 30 percent said they had read a leaflet enclosed with the drug. About 15 percent said books and magazines provided information, while about 9 percent cited nurses, friends and relatives as information sources.

- About 28 percent of the respondents reported taking three or more prescriptions, while 18 percent said they were taking two, and 23 percent said they took one. "The survey results clearly indicate that elderly Americans need more information about the drugs they are taking," said Dr. Lowe. "The problem is how to provide that information."

Other medical experts advise mature adults to ask specific questions about prescribed drugs, both from the physician and from their local pharmacist. When taken, drugs have a specific mission within the body and may cause a physical imbalance in the body and further complications with other medications and with foods. Drug dosages should be monitored by the patient, and any untoward reactions should be reported immediately to the physician. Mature adults may also seek cost-free counsel from local pharmacists.

SLEEPING PILL WARNING

Mature adults who take sleep-

ing pills should not take them every night and, more importantly, should ask themselves why they are taking the drugs in the first place. The warning comes from experts on sleep from the University of Oklahoma Health Sciences Center in Oklahoma City.

"Sleeping aids, be they prescription or over-the-counter, should be used only as part of a treatment for disorders which underline the insomnia," according to Dr. O.H. Rundell, adjunct assistant professor of psychiatry and behavioral sciences. Common sources of insomnia include depression, jet lag or anxiety-provoking events such as promotions, raises, marriages, divorces, and births or deaths in the family.

"Such events would constitute reasonable excuses for taking sleep medications, but only for a night or two."

Some sleeping pills in the benzodiazepine class (including such drugs as Dalmane, Valium, Xanax and Restoril) have half-lives of up to 96 hours, "which means that the drug is still in your body four days later," says Dr. Rundell. "If you take such a drug right after night, you very well may be groggy all day. Additionally, studies have shown that the day after taking Dalmane, the effects on memory and cognitive function are the same as if you'd just had several martinis that morning."

Over-the-counter medications typically are weak and are difficult to become addicted to, said Rundell. Prescription sleeping medications, however, pose more of a problem since they're often prescribed for use every night.

Mature adults who believe they have become addicted to sleeping pills can take half a dose for a few days and eventually stop altogether. Taking pills every third night also helps to taper off, according to the sleep expert.

NIGHT DRIVING CORRECTION

A separate prescription for eyeglasses may make night driving easier for many mature adults, according to a report by the American Optometric Association. Regular daytime eyeglass prescriptions may cause hazardous glare from oncoming headlights at night. A second eyeglass prescription may provide compensation for the different light conditions, remove or reduce the glare significantly.

The professional association for optometrists surveyed 28,000 of its members, finding both day and nighttime driving ability one of the highest concerns of patients age 65 and over.

Mature adults with concerns about driving and daytime and nighttime driving concerns may ask about separate prescription and light conditioning treatment for their eyeglasses.

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ANTIQUE OR JUNQUE

By James G. McCollam



Cabinetmaker didn't leave his mark

Q. This is a picture of our oak kitchen cabinet. I would like to know who manufactured it, date of manufacture and current retail value.



A. Since your kitchen cabinet is unmarked, it is impossible to identify the maker; it was made in the early 1900s and would probably sell in an antique shop for \$300 to \$900 in good condition.

Q. The attached mark is on the bottom of a hat-pin holder that is 6 inches tall and 3 inches in diameter. It is fine porcelain and hand painted with daisies and poppies.

Can you tell me anything about the origin and value?



A. This mark was used by the Schlegelmilch brothers in Suhl and Tillowitz, Germany, during the late 19th and early 20th centuries.

Your hat-pin holder was probably made about 1910 and might sell for \$125 to \$135.

Q. Please provide me with whatever information you can about my figurine of a brown and white spaniel dog holding a ball in his mouth.

It is about 6 inches high and marked with a crown and the letters, "R.C."

A. The mark indicates that this was made by Rosenthal China in Selb, Germany.

It was probably made in the early 1900s and might sell for \$125 to \$135.

Q. I have a small cream pitcher in the shape of a cow. It has a white body with orange spots, tail and horns. It is marked "Czechoslovakia."

I have been told that it is over 100 years old. Can you confirm this? I would also like to know its value.

A. This cream pitcher is not 100 years old. Czechoslovakia was founded in 1918; anything so marked was made after that date.

It would probably sell for \$35 to \$45.

Q. The mark on the bottom of my vase is an eagle with the letters, "M.Z." The vase is 10 inches tall and has a portrait of an old-fashioned lady in an elaborate gown.

Can you tell me anything about its origin and value?

A. The mark you describe was used by the Moritz Zdekauer Co. in Althrohau, Austria, during the late

19th century.

It would probably sell for about \$125 to \$135 in an antique shop.

BOOK REVIEW

"The Price Guide to Autographs" by Sanders, Sanders & Roberts; a Wallace-Homestead imprint of the Chilton Book Co., Radnor, PA 19089; \$21.95 plus \$2.50 postage or at your local bookstore.

In addition to 17,500 listings and prices of individual autographs, the text includes tips on starting and maintaining a collection. There are illustrations of scores of actual autographs plus tips on how to spot fakes and forgeries.

Send your questions about antiques with picture(s), a detailed description, a stamped, self-addressed envelope and \$1 per item to James G. McCollam,



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Points on Pets

By R.G. Elmore, D.V.M.

Q. Some of our rabbits died. The only abnormal thing that we noticed about them prior to death was diarrhea.

What is the most common cause of diarrhea in rabbits?

A. One of the most common causes of premature death in rabbits is diarrhea. It is thought that diarrhea in rabbits is a complex problem rather than a simple single disease entity. Diarrhea in rabbits has also been called mucoid enteritis, enterotoxemia, scours and bloat.

Changing the feed or feeding excessive amounts of greens often causes diarrhea.

The majority of cases of diarrhea in rabbits occurs between 5 and 10 weeks of age. The disease usually lasts for about eight days. Other abnormal signs include loss of appetite, dehydration, low body temperature, depression, rough hair coat, and rapid weight loss. The abdomen may be bloated due to gas.

Treatment of diarrhea in rabbits is usually not very effective. Some authorities recommend feeding antibiotics.

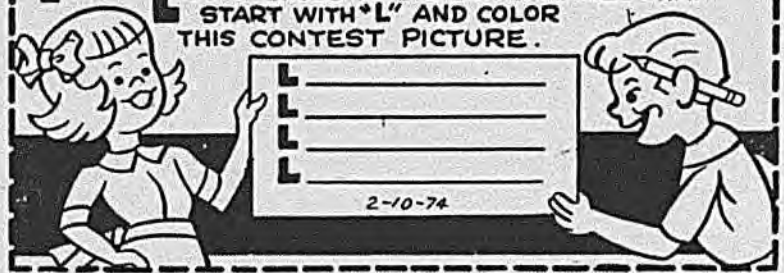
If you continue to lose rabbits, you should take one to a veterinary diagnostic laboratory for an exact diagnosis and treatment recommendations.



Points on Pets

JUNIOR EDITION

YOU MAY WIN A BIG PRIZE!
LIST 2 GIRLS' AND 2 BOYS' NAMES THAT START WITH 'L' AND COLOR THIS CONTEST PICTURE.



Aunt Tilly's Corner

Last week I went to see my new nephew who was born March 14. He is tiny and has blue eyes and blond hair. He's got tiny little fingers and toes that he loves to suck.

Newborn babies need lots of time from mommy and daddy. They have to eat every few hours, and although they sleep most of the day, they wake up and cry for food in the middle of the night. The new mom and dad are very tired because of all the things they have to do for their baby, but they are very happy he's here.

Do you have any younger brothers or sisters? Do you remember what it was like when mom and dad brought them home?

Your friend,
 Aunt Tilly

P.S. This week's coloring contest winners are Susan Funke and Farah Maloof.

RULES BOYS AND GIRLS

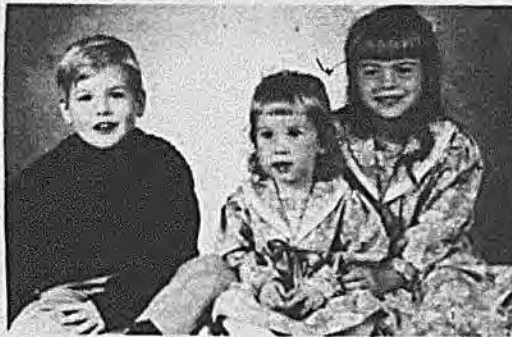
Here is your chance to win One Dollar. (\$1.00) - to spend or to save.

Here's all you have to do:

1. Contest is open to children 4 to 12 years of age.
2. Entries must be received by Friday, April 5, 1991
3. Paint, watercolors and crayons must be used on the above.
4. Decision of the judges will be final.

Mail your entry (just clip our cartoon) to this newspaper at:
 105 Hillside Avenue
 Williston Park, N.Y. 11596

The World's Most Beautiful Grandchildren



These are my grandchildren, left to right is Megan, Brooke and Sean Sandy. The Sandy family lives in Stoney Brook.

Julia M. Sandy
 Hicksville



This cute little boy is the grandson of Phillip and Mazie Rachlin of New Hyde Park and Morris and Sarah Sivak of Ft. Lauderdale, Florida. The proud parents of Glenn, age two, are Harvey and Maria Rachlin.

Phillip and Mazie Rachlin
 New Hyde Park

YOUR SOCIAL SECURITY

Disability period

By William M. Acosta

Q. My husband just began receiving Social Security disability benefits.

For how long a period will the benefits continue? — K.M.

A. He will continue to get disability benefits unless his condition improves or he returns to "substantial" work.

We check his claim periodically to determine if this is the case. To help us decide, he may be asked to undergo a special test or examination that we will pay for.

Q. I know that the Supplemental Security Income program pays benefits to the disabled, but what about disabled children?

A. Children under age 18 who are disabled or blind may be eligible for SSI if they and their parents have limited income and resources. The child must be a U.S. citizen or an alien lawfully admitted for permanent residence. Call your local Social Security office for additional information.

Q. I will reach age 62 later this year and will be applying for my Social Security retirement benefit. In very simple terms, could you explain how the benefit is figured? — P.F.

A. In general your benefit is based on earnings averaged over most of your working lifetime. This differs from many private pension plans that are usually

based on a small number of years.

We determine the number of years of earnings to use as base, which is 35 for everybody born after 1928 and retiring in 1991 or later. We adjust these earnings for inflation and determine your average adjusted earnings based on the number of years. We multiply your average adjusted earnings by a percentage that is specified by law.

YOUR SOCIAL SECURITY

Q. I have lost my Medicare Card. I am elderly and do not get out often.

Do I have to go into the Social Security office to apply for another? — P.R.

A. No. It is not necessary for you to go into the Social Security office. This matter can be handled by telephone. Call your local Social Security office and ask for a replacement card. It will be mailed to you.